

Bosch Health Insurance Society

Profile



Bosch
Health Insurance
Society

Bosch Health Insurance Society

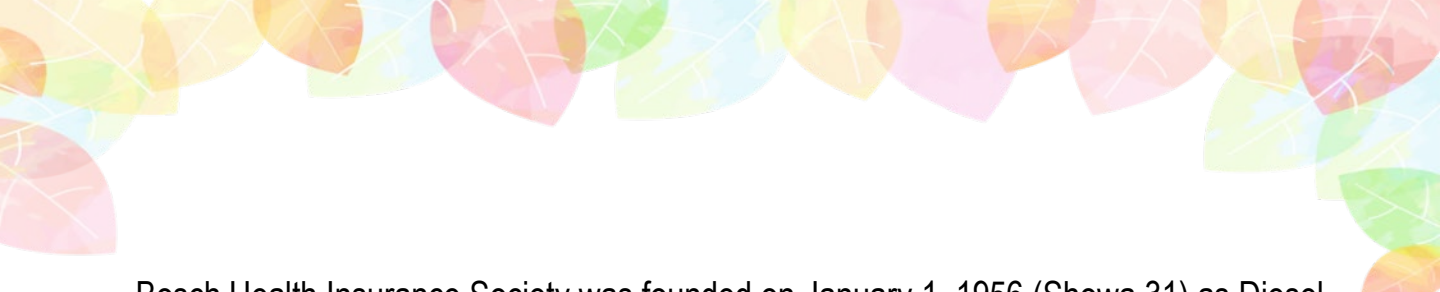
5-5 Yakyu-cho 2 chome Higashimatsuyama City, Saitama
〒355-0028

TEL.0493-22-0890 FAX 0493-23-7466

e-mail bosch-kenpo@bosch-kenpo.or.jp

HP <http://www.bosch-kenpo.or.jp>

FY2024 Version



Bosch Health Insurance Society was founded on January 1, 1956 (Showa 31) as Diesel Kiki Health Insurance Society, and since then, the Health Insurance Society progressed along with the histories of the parent companies that split and re-aligned, and has reached its present structure.

The health insurance system plays a very important role as part of the “universal health insurance system,” which obliges all citizens to enroll in some kind of medical insurance system. It is a mutual aid activity, in which insurance premiums entrusted to us by all of society members are used to reduce the financial burden of those who unfortunately become ill, and constitutes the main purpose of founding the health insurance society.

Another important role is to actively contribute to the early detection of diseases, preventive care, health maintenance and promotion by making use of the specialized knowledge, experience, and skills. It is our hope and also, we believe, our mission that everyone can live a healthy and cultural life through these series of activities.

Now, the situation surrounding health insurance societies has rapidly becoming severe, especially in terms of finances, since the implementation of the current medical care system for the elderly in 2008 (Heisei 20). This is because Japan as a whole is facing a super-aging society and because the main financial resources for maintaining the social security system corresponding to this is demanded from the working generation. Currently, the amount of financial support and payment contributed to the medical care system for the elderly exceeds 40% of insurance premium income, and the ratio continues to rise year by year. In addition, along with the increasing aging population, the number of mental illnesses and diseases caused by lifestyle habits is becoming bigger, and the insurance benefits provided for medical expenses are also becoming bigger and bigger yearly due to including advanced medical care and high-priced drugs.

In such environment, we are developing various measures to fulfill our mission mentioned above. However, the development of these measures cannot be achieved without the health awareness and actions of each society member.

We hope that you will actively take advantage of our various measures for your health. We aim to be the health insurance society that makes everyone say happy in being a member of Bosch Health Insurance Society.

"Thank you for your support and cooperation."



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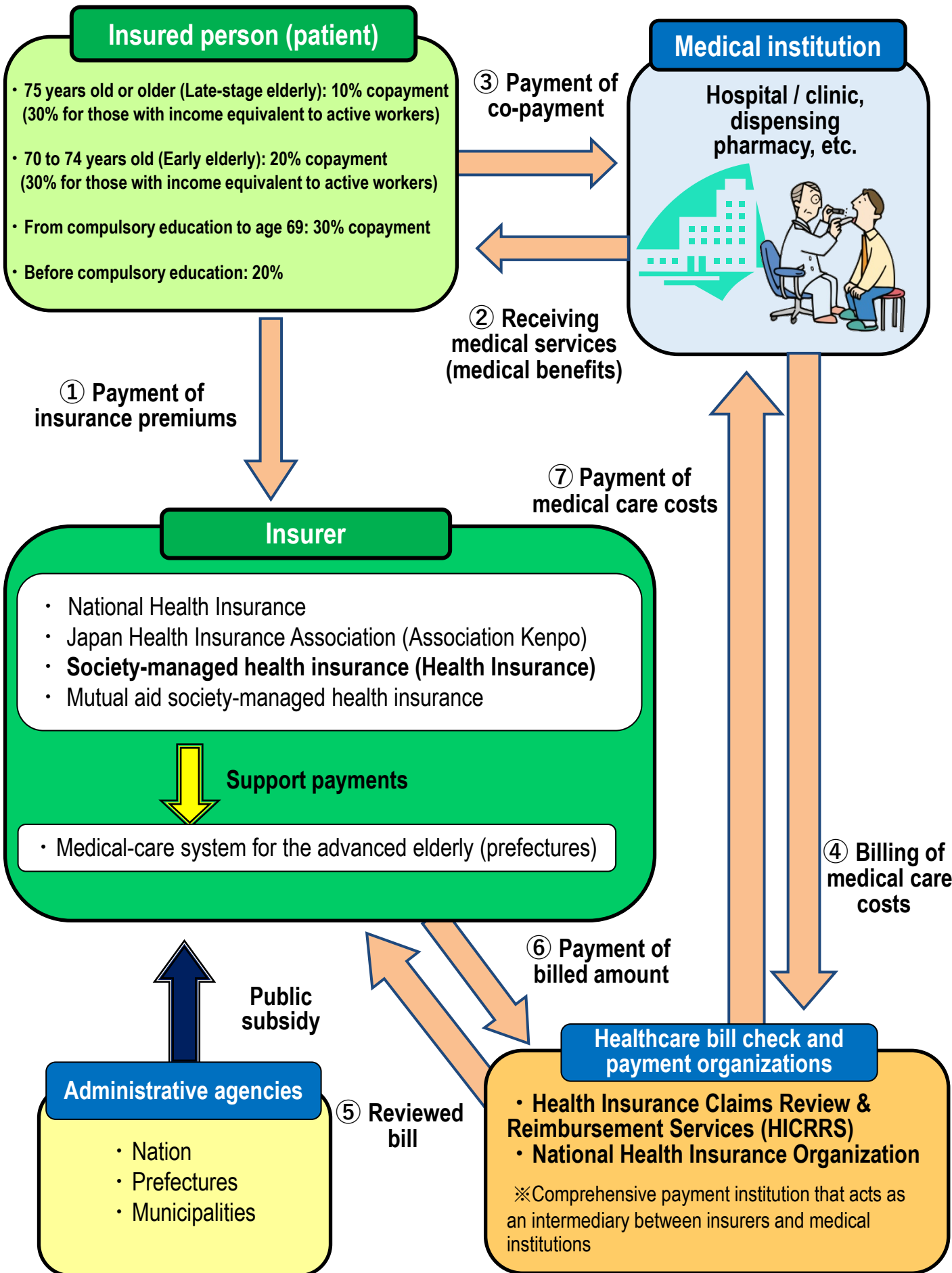
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Medical insurance (health insurance) system in Japan



Comparison of insurers that constitute the medical insurance system

※1		National Health Insurance	Japan Health Insurance Association (Association Kenpo)	Society-managed health Insurance (Health Insurance Societies)	Mutual-aid society-managed health insurance	Medical-care system for the advanced elderly
Configuration of insured persons		<ul style="list-style-type: none"> Non-regular workers Pensioners Self-employed persons 	Small and medium-sized business workers	Big company workers	Civil servants	Persons aged 75 years or over
Operating bodies		Municipalities	Corporation separated from the former Social Insurance Agency	Single company or legal entity funded by member of same-trade group	Groups that manage mutual aid by public servants	Municipalities
Number of groups (March end, 2020)		1,716	1	1,388	85	47
Insured person	Number of insured persons (March end, 2020)	26.6 mil persons (21.7%)	40.44 mil persons (33.0%)	28.84 mil persons (23.5%)	8.54 mil persons (6.9%)	18.03 mil persons (14.7%)
	Average age (FY2019)	53.6	38.1	35.2	32.9	82.5
	Per-person average medical cost (FY2019)	379,000 yen	186,000 yen	164,000 yen	163,000 yen	954,000 yen
	Per-person average income (FY2019)	0.86 mil yen	1.59 mil yen	2.27 mil yen	2.48 mil yen	0.86 mil. yen
	Per-person average insurance premium (FY2019)	89,000 yen	119,000 yen (Business owner's burden included : 238,000 yen)	132,000 yen (Business owner's burden included : 239,000 yen)	144,000 yen (Business owner's burden included : 288,000 yen)	72,000 yen
Public expenditure (FY2022 budget base)		4,303.4 bil. yen	1,236.0 bil. yen	725 bil. yen	Nil	8,588.5 bil. yen

※1 In addition, there are small-scale "Insured persons stated in Paragraph 2 of Article 3", "Seamen's Insurance", "National Health Insurance Society", and "Other (Public Assistance)". [Source: Ministry of Health, Labor and Welfare website "About Japan's medical insurance"]

Medical-care system for the elderly

【Overview of the system】

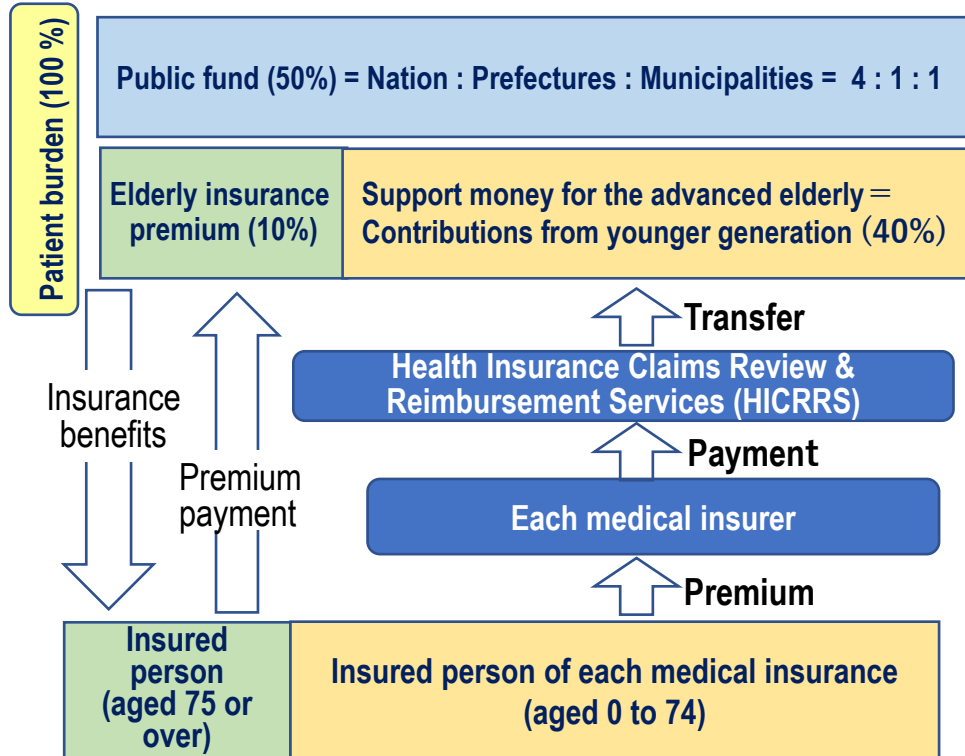
Japan has realized universal health insurance through the dual system of national health insurance and health insurance for employees but there is a structural problem such as joining the national health insurance when it comes to the elderly age. However, its structural issue is that, while many working generations with high incomes and low medical costs join employee insurance, elderly people with low incomes after retirement and high medical costs join National Health Insurance.

For this reason, from the viewpoint of supporting medical care for the elderly by society as a whole, the mechanism has been established that the 90% medical care for the elderly aged 75 is covered by support money from the working generation and public funds, and that, for those aged 65 to 74, the system to coordinate financial adjustment among insurers is in place.

Medical-care system for the advanced elderly

<No. of object persons>
The elderly aged 75 & over
approx. 18.9 mil. people

<Medical expense for the advanced elderly >
18.4 trillion yen / year
(FY2022 budget base)
Insurance benefits: 17.0 trillion yen
Co-payment: 1.5 trillion yen

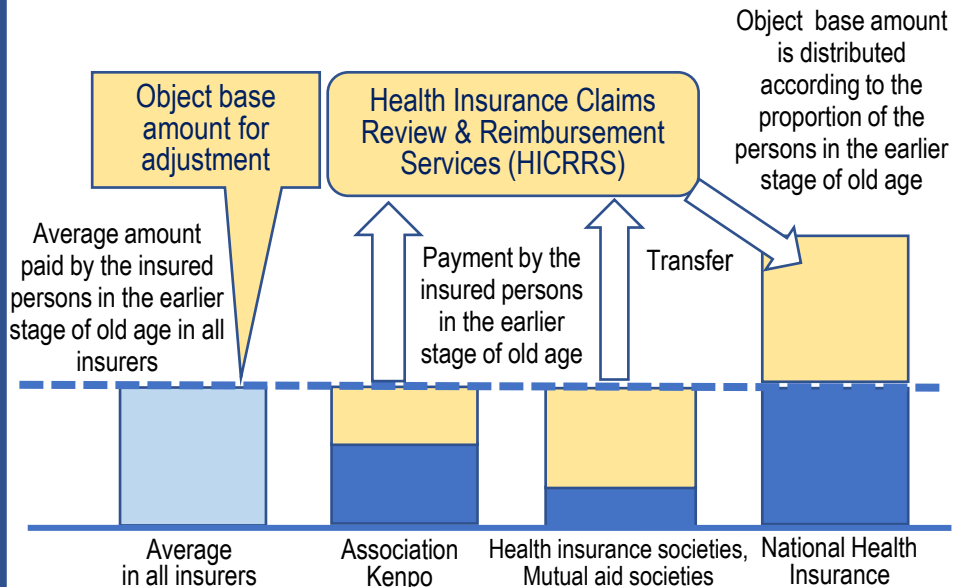


System of financial adjustment for the persons in the earlier stage of old age

<Object persons>
The elderly aged 65 to 74

<No. of object persons>
approx. 15.9 mil. people

<Total medical expenses>
Approx. 6.7 trillion yen / year
(FY2022 budget base)



Organization of health insurance society

● Operations of Health Insurance Society

A Health Insurance Society is run autonomously and democratically within the boundaries specified by the Health Insurance Act, by a board with membership consisting of one-half employer representatives and one-half employee representatives.

● The Health Insurance Society organization

• Society Committee

The Society Committee is the highest decision-making body, similar to the general meeting of shareholders in a company, and decisions are made about "what to do and how to do it. It makes decisions on important matters such as rules, insurance premiums, business plans, budgets, and settlement of accounts. The Society Committee membership consists of equal numbers of appointed Committee members chosen by the employer and elected Committee members elected by insured persons.

• Board of Directors

The Board of Directors is much like that of a company executes the decisions of the Society Committee. The Board membership consists of equal numbers of directors chosen from the appointed Committee members and elected Committee members.

• Chairman of the Board

One chairman of the Board is selected from among the directors chosen from appointed Committee members. The chairman represents the society and has the highest level of responsibility for society management.

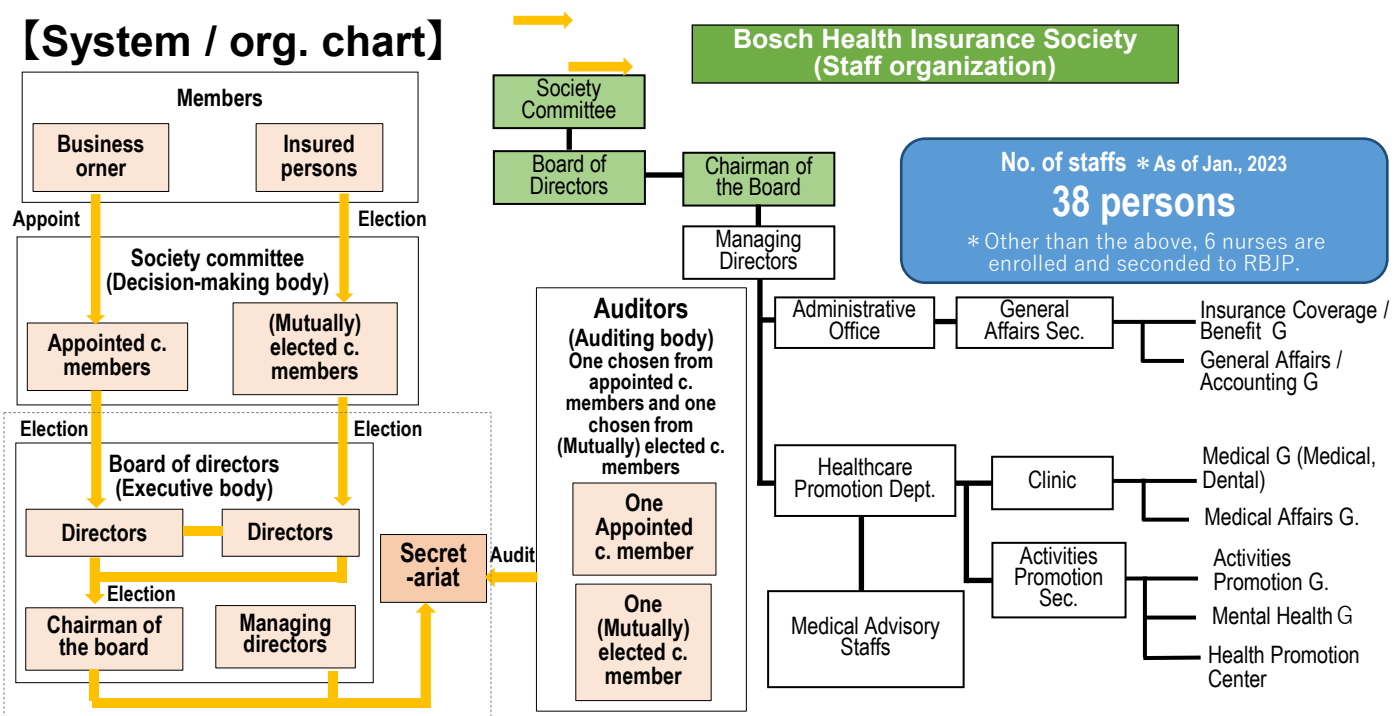
• Managing Directors

With the consent of the Board of Directors, the chairman of the Board appoints Managing Directors from among the directors. Managing Directors assist the chairman and handle matters as needed for regular society business management.

• Auditors

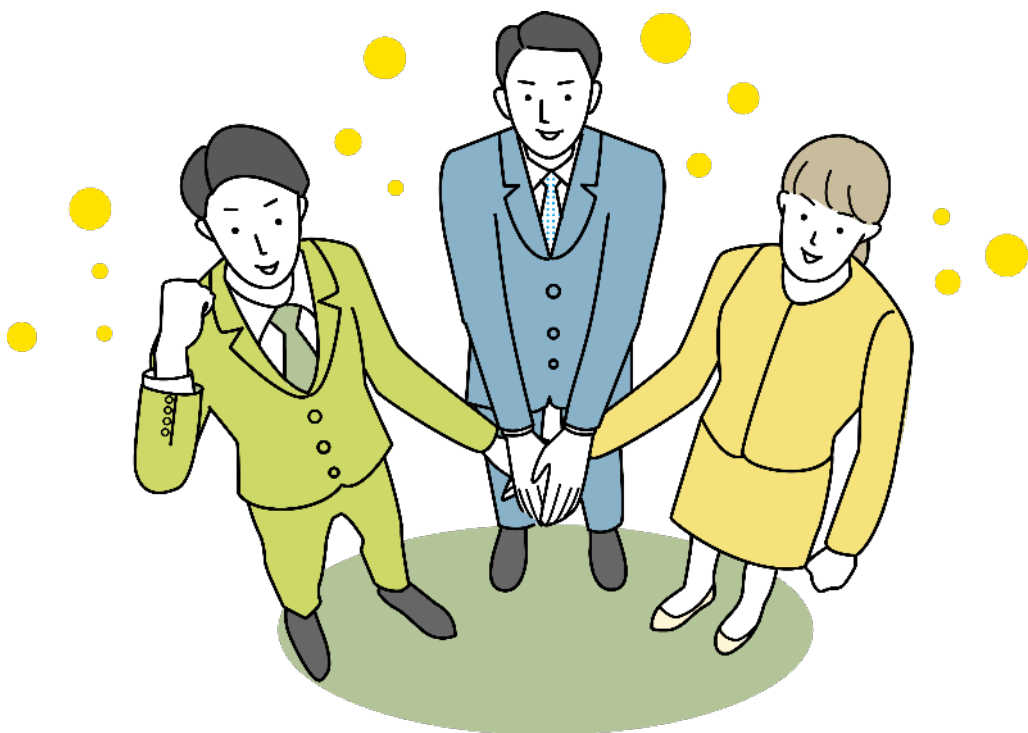
Two Auditors, one chosen from each of the appointed and elected Committee members, audit the society's business execution and financial conditions.

【System / org. chart】



Bosch Health Insurance Society' Mission

Realizing Bosch Health Insurance Society members' happy and cultural life through the activities that support their health maintenance and enhancement, and aiming for its maintenance and improvement is our mission and raison d'être.





Overview of Bosch Health Insurance Society

As of January 2024	
Date of establishment	January 1, 1956
No. of insured persons	7,523 Persons (Ave. age 47.06 Years old)
	Men : 6,429 Persons (Ave. age 47.58 Years old)
	Women : 1,094 Persons (Ave. age 43.92 Years old)
No. of dependents	7,454 Person (Dependency ratio 0.99)
Average standard monthly income	518,400 Yen
No. of business establishments	16
<u>Premium rate</u>	General premium
	90.0 / 1000 Business owner 52.0 / 1000
	(including adjusted premium rate) Insured persons 38.0 / 1000
	Long-term care insurance premium
	18.0 / 1000 Business owner 9.0 / 1000
	Insured persons 9.0 / 1000

< Financial situation > * FY2022 Unit : Mil. yen

Income	Ordinary income	Premium	5,182
		Others	235
		Total	5,417
	Non-recurring income		128
		Total	5,545
Expenditure	Ordinary expenditure	Health insurance benefits (Medical care cost, etc.)	2,309
		Payment for the elderly, etc.	1,696
		Expenses for health care	368
		Others	417
		Total	4,790
	Non-recurring expenditure		77
		Total	4,867
Balance	Ordinary balance		627
	Non-recurring balance		51
		Total	678

Table of monthly premium

(Table of standard monthly remuneration amount levels)

Monthly remuneration amount			Standard monthly remuneration amount	
Level	Equal to or more	less than	Monthly amount	Daily amount
1	~	63,000	58,000	1,930
2	63,000 ~	73,000	68,000	2,270
3	73,000 ~	83,000	78,000	2,600
4	83,000 ~	93,000	88,000	2,930
5	93,000 ~	101,000	98,000	3,270
6	101,000 ~	107,000	104,000	3,470
7	107,000 ~	114,000	110,000	3,670
8	114,000 ~	122,000	118,000	3,930
9	122,000 ~	130,000	126,000	4,200
10	130,000 ~	138,000	134,000	4,470
11	138,000 ~	146,000	142,000	4,730
12	146,000 ~	155,000	150,000	5,000
13	155,000 ~	165,000	160,000	5,330
14	165,000 ~	175,000	170,000	5,670
15	175,000 ~	185,000	180,000	6,000
16	185,000 ~	195,000	190,000	6,330
17	195,000 ~	210,000	200,000	6,670
18	210,000 ~	230,000	220,000	7,330
19	230,000 ~	250,000	240,000	8,000
20	250,000 ~	270,000	260,000	8,670
21	270,000 ~	290,000	280,000	9,330
22	290,000 ~	310,000	300,000	10,000
23	310,000 ~	330,000	320,000	10,670
24	330,000 ~	350,000	340,000	11,330
25	350,000 ~	370,000	360,000	12,000
26	370,000 ~	395,000	380,000	12,670
27	395,000 ~	425,000	410,000	13,670
28	425,000 ~	455,000	440,000	14,670
29	455,000 ~	485,000	470,000	15,670
30	485,000 ~	515,000	500,000	16,670

Monthly remuneration amount			Standard monthly remuneration amount	
Level	Equal to or more	less than	Monthly amount	Daily amount
31	515,000 ~	545,000	530,000	17,670
32	545,000 ~	575,000	560,000	18,670
33	575,000 ~	605,000	590,000	19,670
34	605,000 ~	635,000	620,000	20,670
35	635,000 ~	665,000	650,000	21,670
36	665,000 ~	695,000	680,000	22,670
37	695,000 ~	730,000	710,000	23,670
38	730,000 ~	770,000	750,000	25,000
39	770,000 ~	810,000	790,000	26,330
40	810,000 ~	855,000	830,000	27,670
41	855,000 ~	905,000	880,000	29,330
42	905,000 ~	955,000	930,000	31,000
43	955,000 ~	1,005,000	980,000	32,670
44	1,005,000 ~	1,055,000	1,030,000	34,330
45	1,055,000 ~	1,115,000	1,090,000	36,330
46	1,115,000 ~	1,175,000	1,150,000	38,330
47	1,175,000 ~	1,235,000	1,210,000	40,330
48	1,235,000 ~	1,295,000	1,270,000	42,330
49	1,295,000 ~	1,355,000	1,330,000	44,330
50	1,355,000 ~		1,390,000	46,330

<Calculation method of health insurance premiums>

Health insurance premium = Standard remuneration (monthly) amount × Insurance rate

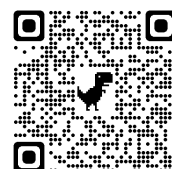
For the person's burden (co-payment) and the company's burden, please refer to the union guide [business outline].

Salary slip



About us Health insurance outline

<http://www.bosch-kenpo.or.jp/member/info/intro.html>





List of existing member establishments

As of January, 2024

Name of establishment	Location
Bosch Corporation	Higashimatsuyama-shi, Saitama
Bosch Engineering K.K.	Yokohama-shi, Kanagawa
Syntegon Technology K.K.	Shibuya-ku, Tokyo
Bosch Service Solutions	Chiyoda-ku, Tokyo
SEG Automotive Japan Corporation	Yokohama-shi, Kanagawa
Bosch Global Software Technologies	Shibuya-ku, Tokyo
ELPRO Corporation	Chiyoda-ku, Tokyo
Knorr-Bremse Commercial Vehicle Systems Japan Ltd.	Sakado-shi, Saitama
ETAS K.K.	Yokohama-shi, Kanagawa
Kanto-Seiatsu Kogyo Co., Ltd.	Honjyo-shi, Saitama
Gunmaa Seiki Co., Ltd.	Takasaki-shi, Gunma
Fuji Aitac Co., Ltd.	Misato-cho, Kodama-gun, Saitama
F.A. Niigata Co., Ltd.	Izumozaki-machi, Santo-gun, Niigata
Valeo Japan Co., Ltd.	Kumagaya-shi, Saitama
Valeo Kapec Japan Co. Ltd.	Atsugi-shi, Kanagawa
Bosch Federation of Trade Unions	Higashimatsuyama-shi, Saitama
Bosch Health Insurance Society	Higashimatsuyama-shi, Saitama

About personal information protection

Bosch Health Insurance Society acquired the P mark (PrivacyMark), a personal information protection management system certification system, in 2006. Since then, it has been renewed (examined) every two years, and we are always striving to take the utmost care for protection of personal information.



What is the P mark ?

It is the only one third-party certification system in Japan for the personal information protection system, and Japan Information Processing and Development Center (JIPDEC) performs the grant management. It performs conformity assessment / certification of the personal information protection management in groups, organizations, etc. and when they conform the requirements, the use of "P mark (privacy mark)" is granted, and by displaying this, a certain level of trust on the personal information handling system of the group / organization is gained.

* Among approximately 1,400 health insurance societies, only approx. 20 societies obtained this certification.



Certification body: Japan Information Processing and Development Center (JIPDEC)

Assessment body: (MEDIS-DC)


Certification number: No. 14650007

Certification period: From July 11, 2006 Ongoing


Privacy Mark Registration Card


Privacy Mark
登録証

Protecting your **PRIVACY**
たいせつにします プライバシー



- 登録番号 第 1 4 6 5 0 0 0 7 (0 9) 号
- 事業所の名称及び所在地
ボッシュ健康保険組合
Bosch Health Insurance Society
埼玉県東松山市箭弓町 2 丁目 5 番 5 号
- プライバシーマーク付与の有効期間
2022年7月11日～2024年7月10日
- プライバシーマーク付与適格性について審査を行ったプライバシーマーク指定審査機関
一般財団法人医療情報システム開発センター
Medical Information System Development Center
- 一般財団法人日本情報経済社会推進協会
Japan Information Processing and Development Center





For the details on personal information protection, please refer to the website.

URL : <http://www.bosch-kenpo.or.jp/member/info/policy.htm>



Guideline of facilities

● Health counseling office < Kenpo Kaikan > (Office building · Clinic building)

Health Insurance Society was located in the main building of Higashimatsuyama Plant of Diesel Kiki Co., Ltd. when it was founded in 1956, but, it was moved to the present location in 1962. In 1997, the building was expanded to the existing three-story building.

Entering the entrance, on the left side is the office building and on the right side is the clinic building.



● Medical Clinic

[Full-time doctors]

Director	Dr. Sakata	Doctors	Dr. Takahashi	Dr. Kawata
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[Outpatient attending doctors]

Day of week	Mon.	Tue.	Wed.	Thu.		Fri.
Attending doctor	Takahashi	Sakata	Takahashi	Morning Takahashi	Afternoon Shibasaki	Sakata
Specialty	Internal medicine (Circulatory organ)	Internal medicine (Respiratory)	Internal medicine (Circulatory organ)	Internal medicine (Circulatory organ)	Internal medicine (Respiratory)	Internal medicine (Respiratory)

[Office hours]

9:00 to 12:45

14:00 to 17:30

[Nonconsultation days] Sat./Sun.

※Same as Bosch Corporation Hig. Plant.

[Available examination]

- Blood, urine, feces test
- X-ray
- Electrocardiogram
- 24-hour electrocardiogram
- Ultrasonic (echo)
- Lung function test
- Sleep apnea test

- * The persons who are not members of Bosch Health Insurance Society can also receive the examination, but we do not accept the consultation for those under the age of 15.
- * Outpatient smoking cessation therapy and smoking cessation consultation by specialist doctors and certified guiding nurses are available.
- * The vaccinations against influenza, herpes zoster, pneumococcus, and rubella are also available.

● Dental clinic

[Dentist in attendance]

Chief dentist Dr. Yamashita

[Office hours] 9:00 to 12:45
14:00 to 17:30

Reservations are required, but please contact us in the event of an emergency.

[Nonconsultation days] Sat./Sun.

※Same as Bosch Corporation Hig. Plant. (There are other temporary nonconsultation days.)

- * The dental clinic provides dental care **only to members of the Bosch Health Insurance Society**. However, we do not accept the consultation for those under the age of 15, even though they are the members of the Bosch Health Insurance Society. (The dental care to other than members of Bosch Health Insurance Society is not provided.) In the meanwhile, please note that there may be cases that the municipal subsidy is not provided.

● Health Promotion Center

It is a physical exercise facility held by our society, where dedicated instructors are residing, and is used as a base for promoting your health and physical strength.



1-11 Yakyu-cho 2 chome Higashimatsuyama City, Saitama
3min. walk from west exit of Higashimatsuyama sta. (Tobu Tojo line)



[Reception/Entrance]



[Fitness room]



[training gym]

Studio Program

- Only for the first time, **full reservation system** is applied. Please follow the steps below to get started.
- The more the number of black asterisks (★), the higher the exercise intensity.

	Tue.	Wed.	Thu.	Fri.	Sat.
Morning	Fresh exercises 10:00 to 11:00 ★★★★☆☆	Fresh exercises 10:00 to 11:00 ★★★★☆☆	Fresh exercises 10:00 to 11:00 ★★★★☆☆		Fresh exercises 10:00 to 11:00 ★★★★☆☆
Afternoon	Chair exercises 14:30 to 15:30 ★★☆☆☆☆	Stretching & Conditioning 14:30 to 15:30 ★☆☆☆☆	Health & Fresh 14:30 to 15:30 ★★★★★☆☆		
Evening	Trunk training 18:00 to 19:00 ★★★★★★	Pilates 18:00 to 19:00 ★★★★★☆☆	Yoga 18:00 to 19:00 ★★★★☆☆	Soft Aerobics 18:00 to 19:00 ★★★★★☆☆	




What to bring ... Towel, drink, exercise clothes, indoor shoes

Participation Fee... 600Yen 400Yen

※ 【夜間】のクラスは、2024年度(4月)より火曜日～木曜日の内容が変更になります。
通知・広報にてお知らせしますので、次ページの健保HPリンクからご確認ください。

Use of the Training Gym

Only for the first time, **full reservation system** is applied. Please follow the steps below to get started.

Please take a reservation first.	Please select a date and time that is convenient for you from the 【Guidance for use】 below and make a reservation by phone or email.
On the reservation day	<p>After the body composition measurement and interview, we will explain how to use the machine. For those who wish, we will create and guide an exercise program that suits you better.</p> <p>【Things you need on the day】</p> <ul style="list-style-type: none"> • Photo of your face such as an employee ID card or driver's license • Results of a health checkup • Outfits for exercise & indoor shoes • Water & towels, etc. • Usage fee (see below) • Others 
From the second training	From the second time, you can practice training at your convenient time. If you wish, a trainer will provide you with advice training again. (reservation required)

Usage details	Usage fee
Advice training	400 Yen /1 time
Free training	200 Yen /1 time
Free training Coupon ticket (11 tickets)	2,000 Yen

【 Others 】

Usage fee	Usage fee
Rental towel (Large / small)	50 Yen / each
Rental shoes	
Shower (✕)	150 Yen /1 time

✕The usage fee of fitness room and training gym“ includes the shower fee.”

Guidance for use

【Gym hours】 Tuesday - Friday: 9:30 - 20:00 (closed at 20:30)
Saturday: 9:00 - 17:30 (closed at 18:00)

【Closed days】 Every Sunday / Monday, Golden Week, Summer / Winter holidays

【Application / Inquiry】 ☎0493-22-0890(Main No.)

✉ h_center@bosch-kenpo.or.jp

For details, please visit the Health Insurance website. 📄

[Health promotion center | About us | Bosch Health Insurance Society \(bosch-kenpo.or.jp\)](#)



1F Counseling room (Mental health)

At the Counseling room on the 1st floor of Health Promotion Center, a counselor belonging to our society provides counseling by appointment. Anyone who is an "insured person" or an "adult dependent", who belongs to the business establishment that has a counseling contract with our society can use it, so please don't hesitate to use it as soon as possible without having problems alone.



[Reservation hours] 9:00 to 17:00 on working days of our society
[Inquiries / contact to] 0493-22-0890 (main number)

List of Bosch Health Insurance Society's Benefits [From Oct. 2009]

The person himself / herself (Insured person)

Sickness, injury



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
Medical Care Benefits	70% of medical care expenses is provided.	Patient Cost-Sharing Reimbursements	The amount after subtracting 20,000 yen from copayment amount for one medical expense per month Less than 100 yen, prosthetic equipment charges, chiropractic, acupuncture and moxibustion massage, etc. are not paid.
Medical Care Expenses	After you paid the entire medical care costs up front, if you make a request reimbursement, you will be paid a certain standard amount.		
Non-insured Associated Medical Care Expenses	Even if the treatment you received is non-insured associated medical care, as long as it is "treatment under evaluation" or "specific treatment" that meets certain conditions, it is covered by insurance.		
High-Cost Medical Care Benefits	When your copayment on medical care costs for a single case in one month exceeds Cost-Sharing Maximum Amount for your income category, the excess amount is paid. High-cost medical expenses for both inpatients and outpatients will be paid in kind upon presentation of a ceiling application certificate. (There are 5 levels of application according to income requirements)		
Home-Visit Nursing Care Expense	70% is paid when receiving home-visit nursing care	Home-Visit Nursing Care Expense Additional sum	Same as "Patient Cost-Sharing Reimbursements"
Inpatient Meal Expenses	Amount exceeding the copayment amount per meal is paid.		
Transportation Expenses	Paid according to standards when moving to a hospital, etc.		
High Aggregate Cost for Long-term Care Expenses	When you or your dependents have two or more high-cost medical expenses (Copayment 21,000 yen or more)	High Aggregate Cost for Long-term Care Expenses Additional Sum	Same as "Patient Cost-Sharing Reimbursements"

The person himself / herself (Insured person)

Childbirth, death



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
Childbirth and Childcare Lump-Sum Grant	500,000 yen per child (in case of the maternity medical care compensation scheme subscription) ※ Changed from Apr. 2023	Childbirth and Childcare Additional Sum	Paid 25,000 yen per child
Maternity Allowance	Amount equal to 2/3 of the average standard daily remuneration is paid for one day off. Before childbirth 42 days and after childbirth 56 days (including the day of delivery)		
Funeral Expenses	50,000 yen		

The person himself / herself (Insured person)

Time off from work due to sickness, injury



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
Injury and Sickness Allowance	2/3 of the standard daily remuneration is paid for each day off. (Maximum 1 year and 6 months)	Injury and Sickness Allowance Additional Sum	20% of standard daily remuneration is paid.
		Extended Injury and Sickness Allowance Additional Sum	80% of standard daily remuneration is paid. (1 year from the start of payment)

Insured person, dependents

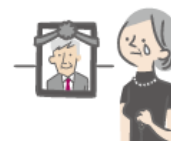
Sickness, injury



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
High Aggregate Cost for Long-term Care Services	When insured person and your dependents have two or more cases of high-cost medical expenses (Copayment amount is 21,000 yen or more)	High Aggregate Cost for Long-term Care Services Additional Sum	Same as insured person "Patient Cost-Sharing Reimbursements"

Family (Dependents)

Sickness, injury, childbirth, death



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
Dependents' Medical Care Expenses	Same as Insured person "Medical care benefits" (80 % before entering elementary school)	Dependents' Medical Care Additional Sum	Same as insured person "Patient Cost-Sharing Reimbursements"
Secondary Dependent Medical Costs	Same as Insured person "Medical care expenses" (80 % before entering elementary school)		
Non-insured Associated Medical Care Expenses	Same as Insured person "Non-insured Associated Medical Care Expenses" (80 % before entering elementary school)		
Dependents' High-Cost Medical Care Benefits	Same as Insured person "High-Cost Medical Care Benefits" (80 % before entering elementary school)		
Dependents' Home-Visit Nursing Care Expenses	Same as Insured person "Home-Visit Nursing Care Expenses"	Dependents' Home-Visit Nursing Care Expenses Additional Sum	Same as insured person "Patient Cost-Sharing Reimbursements"
Inpatient Meal Expenses	Same as Insured person "Inpatient Meal Expenses"		
Dependents' Transportation Expenses	Same as Insured person "Transportation Expenses"		
Dependents' Childbirth and Childcare Lump-Sum Grant	Same as Insured person "Childbirth and Childcare Lump-Sum Grant"		
Dependents' Funeral Expenses	Same as Insured person "Funeral Expenses"		

List of support activities through subsidy payment & additional medical examination activities

For each item in the “List of support activities through subsidy payment” and “List of additional medical examination activities”, the subsidy can be paid and the examination can be performed up to once a year. Please make use of them for your own health management and the health management of your family.

List of support activities through subsidy payment

Object medical exams for subsidies	Eligible person			Subsidy amount			Remarks
	Limited to	Age	Gender	Dock item	Exam fee	HIS subsidy amount	
Brain dock	Insured person	35 years old or over	Man / Woman	Brain dock only	Less than 35,000 yen	Exam fee × 40%	【Transfer destination】 Salary / business account · The case in which a brain dock is contained in the PET scan items is also included (regarded as the combined dock).
					35,000 yen or over & less than 45,780 yen	Exam fee - 24,150 yen	
					45,781 yen or over	Uniformly 21,630 yen	
				Combined dock (Brain dock + Medical exam)		Uniformly 15,000 yen	
Breast cancer screening	Insured person	Nil	Woman	Upper limit	12,000 yen		【Transfer destination】 Salary / business account
Cervical cancer screening	Insured person	Nil	Woman	Upper limit	6,000 yen		【Transfer destination】 Salary / business account
Stomach cancer screening	Insured person	35 years old or over	Man / Woman	Barium test	Upper limit	14,000 yen	【Transfer destination】 Salary / business account
				Gastric endoscopy	Upper limit	18,000 yen	
Influenza vaccination	Insured person	Nil	Man / Woman	Upper limit	2,000 yen		【Transfer destination】 Salary / business account <Vaccination period> Limited to October 1 to January 31
	Dependent						

List of additional medical examination activities Insured person (himself / herself)

Medical exam name	Age	Gender	Contents, etc.	Remarks
Specific health checkups and specific health guidance	40 years or over	Man / Woman	Health checkup focused on metabolic syndrome to prevent lifestyle-related diseases Health guidance is given to those who are eligible for specific health guidance.	Even for those aged under 34 and those aged between 36 and 39, the blood test is performed as long as I is requested.
Prostate examination(PSA test)	50 years or over	Man	A test to check for prostate cancer	Performed by blood test at regular health checkup
Stomach cancer risk screening	30 years	Man / Woman	ABC screening (stomach cancer risk test)	Performed by blood test at regular health checkup
Stomach cancer screening	35 years or over	Man / Woman	A test to check with barium or gastroscope	Eligible persons will be notified from Health Insurance Society. (In some business establishments, it is implemented at the same time as regular health checkup.)
Gynecological examination	Nil	Woman	You can receive three items: cervical cancer cytology, mammary gland echo, and mammography.	Eligible persons will be notified from Health Insurance Society. (In some business establishments, it is implemented at the same time as regular health checkup.)
Colon cancer screening	35 years or over	Man / Woman	A test to check blood in stool	Performed at the same time as regular health checkup.
Abdominal ultrasound (abdominal echo)	35 years or over	Man / Woman	A test to check the health of internal organs	Implemented at the same time as regular health checkup excluding some business establishments
Dental checkup	Nil	Man / Woman	Oral examination	At large business establishments in the Kanto area, the examination will be performed at the same time as regular checkups, and for the business establishments located far away, the cost of the examination will be subsidized for each business establishments.

Dependents / Voluntarily and continuously insured person

Medical exam name	Age	Gender	Contents, etc.	Remarks
Family health Examinations	35 years or over	Man / Woman	These are health checkups focused on metabolic syndrome to prevent lifestyle-related diseases. Health guidance will be provided to those eligible for specific health guidance. Other cancer screenings such as stomach cancer screening, breast cancer screening, and cervical cancer screening can be received at the same time.	Eligible persons will be notified from Health Insurance Society.

About physical exercise encouragement activities

We subsidize a portion of the cost for physical exercise encouragement activities conducted by each employer (business establishment) to encourage health promotion, disease prevention, health maintenance and improvement,

※ For receiving the subsidy, the application by each business establishment is required and it cannot be made by an individual.



Kinds of incentives / assistance funding

The Bosch Health Insurance Society has incentives / assistance funding systems (2 kinds).

① All establishments are applicable.

Walkathon assistance funding	500 yen/person	【Applicable establishment】 All establishments
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② Establishments outside of Kanto area

Physical exercise incentives for remote areas:	Up to 5,000 yen/person	【Applicable establishment】 Establishments outside the Kanto area (Tokyo, Kanagawa, Chiba, Saitama, Ibaraki, Tochigi, Gunma) (※ However, UTSS-RBJP is applicable):
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The benefits can be receivable once a year (April 1 through the end of March of the following year). Establishments outside the Kanto area are eligible for the benefits of either systems. The application cannot be made at the same time for both Walkathon assistance funding and Physical exercise incentives for a remote areas.

About details of the events

- Walking (Walkathon, etc.)
- Bowling
- Mountain climbing and hiking
- Horseback riding (experience), etc.

【Example】

Tochigi plant, Yorii plant, Musashi plant, Higashimatsuyama plant, Yokohama Office:
Walking events

Hamamatsu Office: Walking

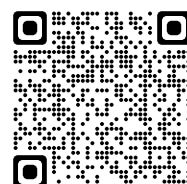
Hiroshima Office: Setting goals for health checkups

Valeo Kyushu Plant: Walking to pick up trash



Please plan enjoyable events for everyone of the establishment to join as one team ♪




Please check the Bosch Health Insurance Society HP for details such as the requirements for each incentive, how to apply, and how to receive the incentives / assistance funding, etc.



List of main notification documents

Notification documents

Case example

Matters related to health insurance cards and insurance premiums (Application-related matters)	Notification documents	Case example
	Health insurance: Notification of Dependent (s) (Transfer) <ul style="list-style-type: none"> Health Insurance: Report on Circumstances of Health Insurance Dependent✕ Notice of Payment✕ ✕You may be asked to attach it. 	<ul style="list-style-type: none"> When adding a family member (when you want to add a family member as a dependent) When a family member decreases (when you want to remove a family member from the list of dependents)
	Health insurance: Application for Reissuance of Health Insurance Card	<ul style="list-style-type: none"> If you lose your health insurance card and want it to be reissued If your health insurance card is damaged
	Health insurance: Notification of a Change (Correction) of Name of the Insured	<ul style="list-style-type: none"> Change in name due to marriage etc. When there is an error in the name on your health insurance card
	Health insurance: Notification (Change) of Health Insurance Insured Address	<ul style="list-style-type: none"> Change in address
	Health Insurance: Notification of Correction of Date of Birth of the Insured	<ul style="list-style-type: none"> When there is an error in the date of birth on the insurance card
	Health Insurance: Notifications regarding Voluntary and Continuously Insured Persons	<ul style="list-style-type: none"> When you want to continue to join our society after retiring from the company
	Request for Issuance of Maximum Copayment Certificate for Health Insurance	<ul style="list-style-type: none"> When your copayment are going to be high
	Application for Injury and Sickness Allowance plus Additional Sum	<ul style="list-style-type: none"> When you are absent from work due to sickness or injury and cannot receive your salary, etc.
	Application for Payment of Claim for Extended Injury and Sickness Allowance plus Additional Sum	
	Application Form for Medical Care Expenses	<ul style="list-style-type: none"> When you get sick or injured and visit a doctor without bringing your health insurance card with you
	Application Form for Overseas Medical Care Expenses	<ul style="list-style-type: none"> When you wear therapeutic equipment such as an artificial hand, artificial leg, artificial eye, corset, etc., based on the instructions by a doctor for medical treatment
	Application for Medical Cost (for Acupuncture & Moxibustion)	
	Application for Payment of Childbirth and Childcare Lump-Sum Grant	<ul style="list-style-type: none"> Before or when the child is born
	Application for Payment of Maternity Allowance	
	Application for Childbirth and Childcare Lump-Sum Grant for Dependents	
	Request for Partial Payment of and Payment of Difference in Childbirth and Childcare Lump-Sum Grant, etc.	
	Application for Payment of Childbirth and Childcare Lump-Sum Grant (for Receipt on Your Behalf)	
	Health Insurance: Application for Payment of Funeral Expenses	<ul style="list-style-type: none"> If the insured person or a family member has died
	Notification of Injury or Sickness due to a Third-party Act	<ul style="list-style-type: none"> If you become sick or are injured due to the actions of another party
	Application Form for Transportation Expenses	<ul style="list-style-type: none"> When a patient having difficulty of moving due to illness or injury is transported for temporary or urgent need by a doctor's instruction
	Brain Dock (Medical Examination of Brain) & PET Expense Bill	<ul style="list-style-type: none"> When the insured person (himself / herself) receives brain dock (medical examination of brain) or a PET including a brain examination
	Gynecological Examination Subsidy Bill	<ul style="list-style-type: none"> When the insured person (herself) receives a cervical or breast cancer screening
	Stomach Cancer Screening Subsidy Bill	<ul style="list-style-type: none"> When the insured person (himself / herself) receives a barium test or endoscopy
	Influenza Vaccination Subsidy Application	<ul style="list-style-type: none"> When the insured person (himself / herself) or dependent (family member) receives an influenza vaccination
	Health Service Expense Bill	<ul style="list-style-type: none"> Bills mainly for voluntarily and continuously insured persons

[Note] · Some documents may require separate attachments.
 · Submission of documents are requested to be made through the business establishments.

Regard the website and application form

On the website, in addition to various information on health insurance and health, various procedures such as for applying the insurance and subsidies are posted. You can easily find the necessary application documents, so please make good use of them.

Our society has a website.

[ボッシュ健康保険組合 \(bosch-kenpo.or.jp\)](http://bosch-kenpo.or.jp)



The website was renewed in December 2019, making it easier to see and compatible with mobile phones (smartphones). You can view it from this QR code.



Regarding the newsletter "Hello! Kenpo"



The newsletter **[Hello!Kenpo]** issued every month by the Bosch Health Insurance Society is written and made by health insurance staffs including professionals.

Since we post the contents that matches the season, such as health information, tips, and various event information, we hope that you read them as your favorite newsletter and utilize it to improve your health.

We publish it on the 10th of every month ♪

[Hello! けんぽ一覧 | ボッシュ健康保険組合 \(bosch-kenpo.or.jp\)](http://bosch-kenpo.or.jp)



Guidance on Health resort

Health insurance societies are founded for the purpose of enhancing the benefits and welfare of insured persons and their dependents, and can construct own health resorts and recreation facilities and set up contract health resorts.

Currently, we have a contract health resort. If you use this health resort as a place of recreation where you can refresh your body and mind, it would be much appreciated.

In addition, there are recreation facilities owned by each health insurance society and made available for the other health insurance societies' members to use commonly, which is called "Joint-use health resorts". So, please use them as well.



● Health resort	
Owner	Resorttrust, Inc.
No. of accommodation contract	We can offer 730 nights / year. (365 nights x 2 lots)
Object person	The applicant (a representative of guests) is requested to be a member of the Bosch Health Insurance Society. ※ Family members and friends can also use the accommodation if they use it together with the member.
Fee	Fees vary by each facility. There are "Room Charge" rates and "Individual Rates" depending on the plan. Please choose according to your accommodation style.
Other	This is a members-only resort facility. For more information, please visit our dedicated website below. http://www.bosch-kenpo.or.jp/original/hoyou/resorttust/index.html

☆ Joint-use health resort	
Owner	Each health insurance society
Applicable person	Only insured person enrolled in health insurance society and dependents. The members of "Association Kenpo" or "National Health Insurance", etc. cannot use the service.
Fee	Fees vary by facility.
Other	For details, please see the website below. http://hoken.kenporen.or.jp/koukai/open/opentop.asp

【How to use】

● Health resort [Resorttrust, Inc.]

① Reservation flow	
Online application (You can apply from 3 months before the desired date of stay)	
I	Apply from the address below http://reserve.resort.co.jp/reservation/cmc/co_top.html
	Login ID : bch00001 PW : kenpo
II	Reservation confirmation notification will be sent by E-mail or TEL (The reservation applicant can decide the reservation confirmation notification method)



For inquiries about reservations and hotel, please contact the Resorttrust Reservation Center.

Resorttrust Reservation Center

TEL 03-5323-8221 FAX 03-5323-7483

Holiday : Sundays, public holidays, 2nd and 4th Saturdays, the year-end and New Year holidays, Golden Week, and Obon.

② Notes after confirmation of reservation

- Please contact us each time if you change the number of people and meal contents or cancel.
- Please bring the application form with your answers to the hotel and submit it to the front desk.
- Please pay the charge of accommodation and meals when you check out.
- Check-in/15:00 · Check-out/11:00

③ Cancellation fee

- It depends on the hotel.
- Concerning cancellation or change of your reservation, please contact the reservation office up to the day before, and contact the hotel front desk on the day.

☆ Joint-use health resort

No	Content
①	Contact the reservation office of the health resort by phone for asking the availability of the desired day and make a provisional reservation.
②	Fill out the [Joint-use health resort use application form (Form 1)], enclose it with stamps in a self-addressed envelope together, and send the envelope to Bosch Health Insurance Society. ※ [Joint use recreation facilities usage application form (Form 1)] can be downloaded from the website of Bosch Health Insurance Society.
③	The Bosch Health Insurance Society's health resort desk will send [Joint-use health resort use application form (Form 2)] to the applicant.
④	When visiting the health resort, please submit the [Joint-use health resort use application form (Form 2)] which was sent to you, to the front desk of the health resort.
Remarks	<ul style="list-style-type: none"> • The procedure may take some time. Please make a reservation well in advance. • The steps above are general procedures. So, these procedures may not be followed as stated above. In such a case, please check with the health resort which you use and the health insurance society you are enrolled in. • If you have any questions about applying for the Joint-use health resort, please call the number below. <p style="text-align: center;">[National Federation of Health Insurance Societies Health Department Health Activities Group] TEL : 0 3 (3 4 0 3) 0 9 4 7</p>

