

**Bosch Health Insurance Society**

# Profile



**Bosch  
Health Insurance  
Society**

## **Bosch Health Insurance Society**

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〒355-0028

TEL.0493-22-0890    FAX 0493-23-7466

e-mail [bosch-kenpo@bosch-kenpo.or.jp](mailto:bosch-kenpo@bosch-kenpo.or.jp)

HP <http://www.bosch-kenpo.or.jp>

**FY2025 Version**





# Greetings

Bosch Health Insurance Society was founded on January 1, 1956 (Showa 31) as Diesel Kiki Health Insurance Society, and since then, the Health Insurance Society progressed along with the histories of the parent companies that split and re-aligned, and has reached its present structure.

The health insurance system plays a very important role as part of the “universal health insurance system,” which obliges all citizens to enroll in some kind of medical insurance system. It is a mutual aid activity, in which insurance premiums entrusted to us by all of society members are used to reduce the financial burden of those who unfortunately become ill, and constitutes the main purpose of founding the health insurance society.

Another important role is to actively contribute to the early detection of diseases, preventive care, health maintenance and promotion by making use of the specialized knowledge, experience, and skills. It is our hope and also, we believe, our mission that everyone can live a healthy and cultural life through these series of activities.

Now, the situation surrounding health insurance societies has rapidly becoming severe, especially in terms of finances, since the implementation of the current medical care system for the elderly in 2008 (Heisei 20). This is because Japan as a whole is facing a super-aging society and because the main financial resources for maintaining the social security system corresponding to this is demanded from the working generation. Currently, the amount of financial support and payment contributed to the medical care system for the elderly exceeds 40% of insurance premium income, and the ratio continues to rise year by year. In addition, along with the increasing aging population, the number of mental illnesses and diseases caused by lifestyle habits is becoming bigger, and the insurance benefits provided for medical expenses are also becoming bigger and bigger yearly due to including advanced medical care and high-priced drugs.

In such environment, we are developing various measures to fulfill our mission mentioned above. However, the development of these measures cannot be achieved without the health awareness and actions of each society member.

We hope that you will actively take advantage of our various measures for your health. We aim to be the health insurance society that makes everyone say happy in being a member of Bosch Health Insurance Society.

"Thank you for your support and cooperation."



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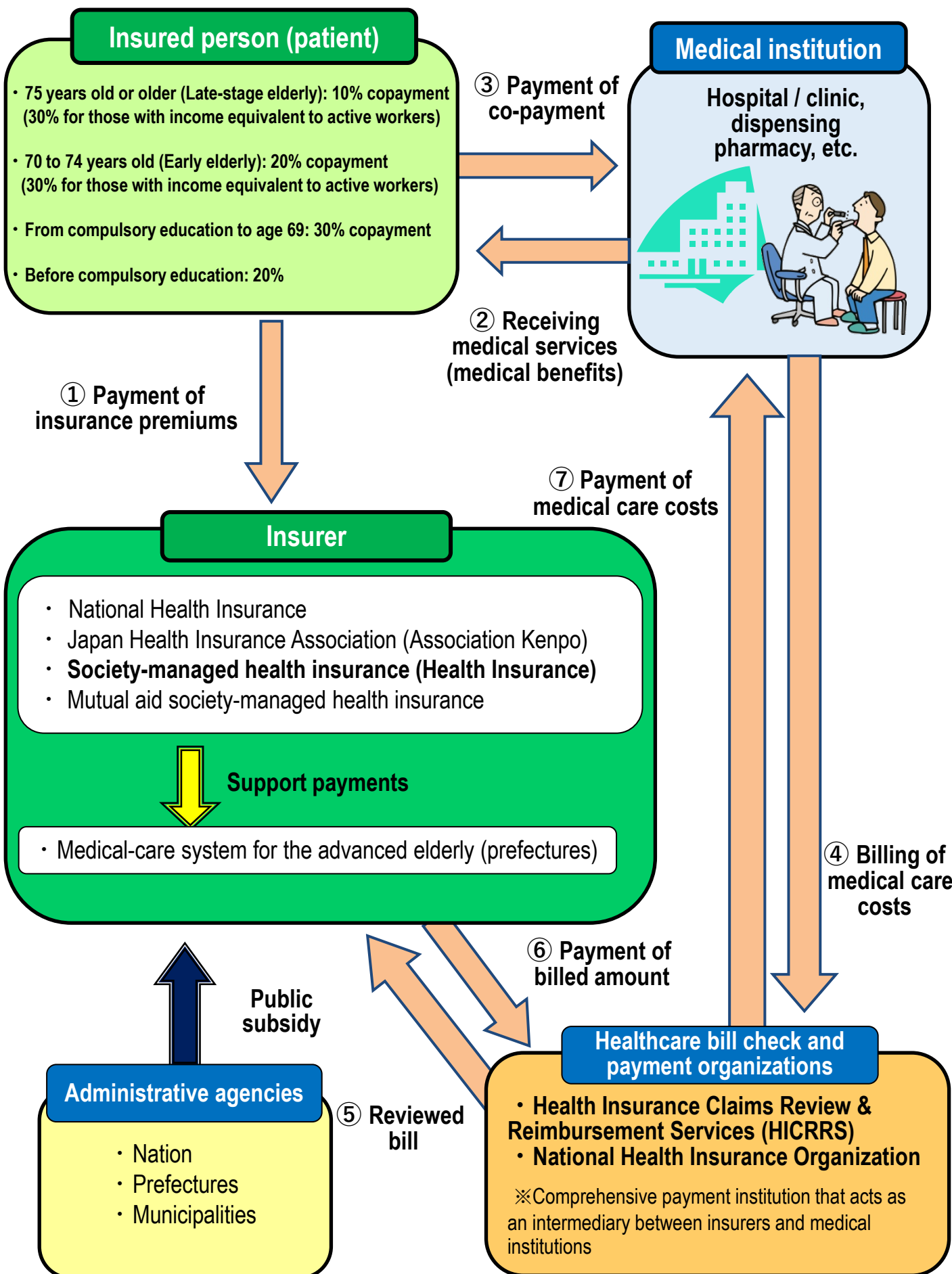
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# Medical insurance (health insurance) system in Japan



# Comparison of insurers that constitute the medical insurance system

※1		National Health Insurance	Japan Health Insurance Association (Association Kenpo)	Society-managed health Insurance (Health Insurance Societies)	Mutual-aid society-managed health insurance	Medical-care system for the advanced elderly
Configuration of insured persons		<ul style="list-style-type: none"> <li>Non-regular workers</li> <li>Pensioners</li> <li>Self-employed persons</li> </ul>	Small and medium-sized business workers	Big company workers	Civil servants	Persons aged 75 years or over
Operating bodies		Municipalities	Corporation separated from the former Social Insurance Agency	Single company or legal entity funded by member of same-trade group	Groups that manage mutual aid by public servants	Municipalities
Number of groups (March end, 2022)		1,716	1	1,388	85	47
Insured person	Number of insured persons (March end, 2022)	25.37 mil persons (21.0%)	40.27 mil persons (33.2%)	28.38 mil persons (23.4%)	8.69 mil persons (7.2%)	18.43 mil persons (15.2%)
	Average age (FY2021)	54.4	38.7	35.7	33.1	82.9
	Per-person average medical cost (FY2021)	395,000 yen	194,000 yen	171,000 yen	167,000 yen	940,000 yen
	Per-person average income (FY2021)	0.93 mil yen	1.69 mil yen	2.37 mil yen	2.52 mil yen	0.88 mil. yen
	Per-person average insurance premium (FY2021)	89,000 yen	122,000 yen (Business owner's burden included : 244,000 yen)	135,000 yen (Business owner's burden included : 295,000 yen)	142,000 yen (Business owner's burden included : 285,000 yen)	76,000 yen
Public expenditure (FY2024 budget base)		4,135.3 bil. yen	1,1344.4 bil. yen	125.3 bil. yen	Nil	9,323.2 bil. yen

※1 In addition, there are small-scale "Insured persons stated in Paragraph 2 of Article 3", "Seamen's Insurance", "National Health Insurance Society", and "Other (Public Assistance)". [Source: Ministry of Health, Labor and Welfare website "About Japan's medical insurance"]

# Medical-care system for the elderly

## 【Overview of the system】

Japan has realized universal health insurance through the dual system of national health insurance and health insurance for employees but there is a structural problem such as joining the national health insurance when it comes to the elderly age. However, its structural issue is that, while many working generations with high incomes and low medical costs join employee insurance, elderly people with low incomes after retirement and high medical costs join National Health Insurance.

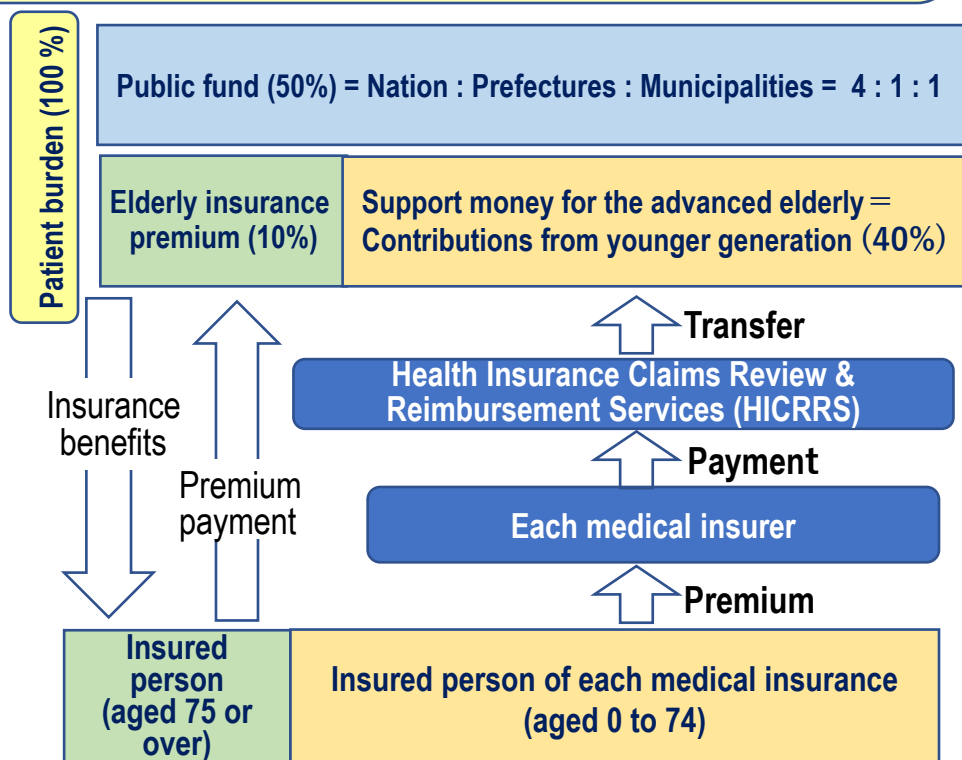
For this reason, from the viewpoint of supporting medical care for the elderly by society as a whole, the mechanism has been established that the 90% medical care for the elderly aged 75 is covered by support money from the working generation and public funds, and that, for those aged 65 to 74, the system to coordinate financial adjustment among insurers is in place.

## Medical-care system for the advanced elderly

<No. of object persons>  
The elderly aged 75 & over  
approx. 20.3 mil. people

<Medical expense for the advanced elderly >  
18.4 trillion yen / year

FY2024 budget base

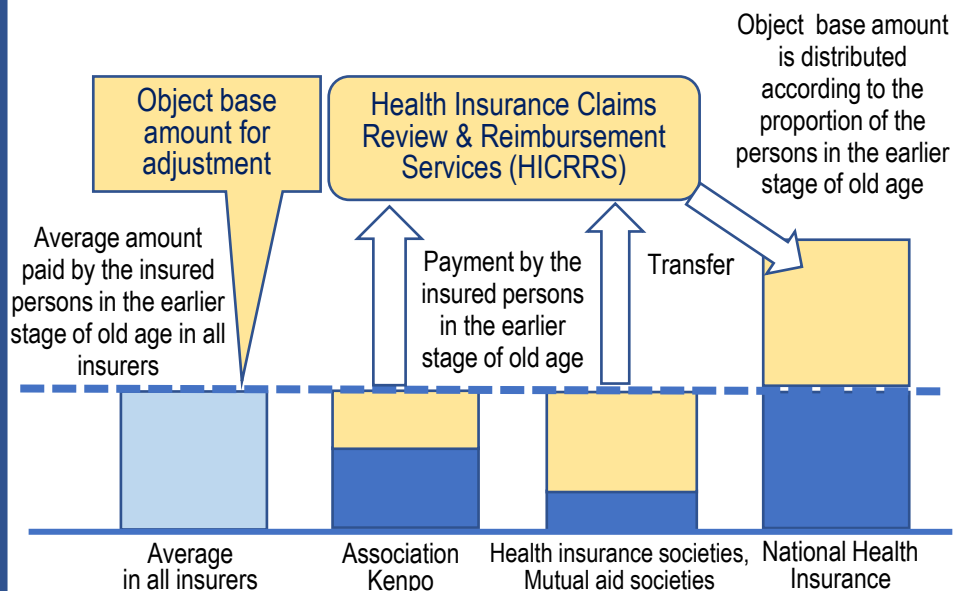


## System of financial adjustment for the persons in the earlier stage of old age

<Object persons>  
The elderly aged 65 to 74  
approx. 14.8 mil. people

<Total medical expenses>  
Approx. 6.6 trillion yen / year

FY2024 budget base



# Organization of health insurance society

## ● Operations of Health Insurance Society

A Health Insurance Society is run autonomously and democratically within the boundaries specified by the Health Insurance Act, by a board with membership consisting of one-half employer representatives and one-half employee representatives.

## ● The Health Insurance Society organization

### • Society Committee

The Society Committee is the highest decision-making body, similar to the general meeting of shareholders in a company, and decisions are made about "what to do and how to do it. It makes decisions on important matters such as rules, insurance premiums, business plans, budgets, and settlement of accounts. The Society Committee membership consists of equal numbers of appointed Committee members chosen by the employer and elected Committee members elected by insured persons.

### • Board of Directors

The Board of Directors is much like that of a company executes the decisions of the Society Committee. The Board membership consists of equal numbers of directors chosen from the appointed Committee members and elected Committee members.

### • Chairman of the Board

One chairman of the Board is selected from among the directors chosen from appointed Committee members. The chairman represents the society and has the highest level of responsibility for society management.

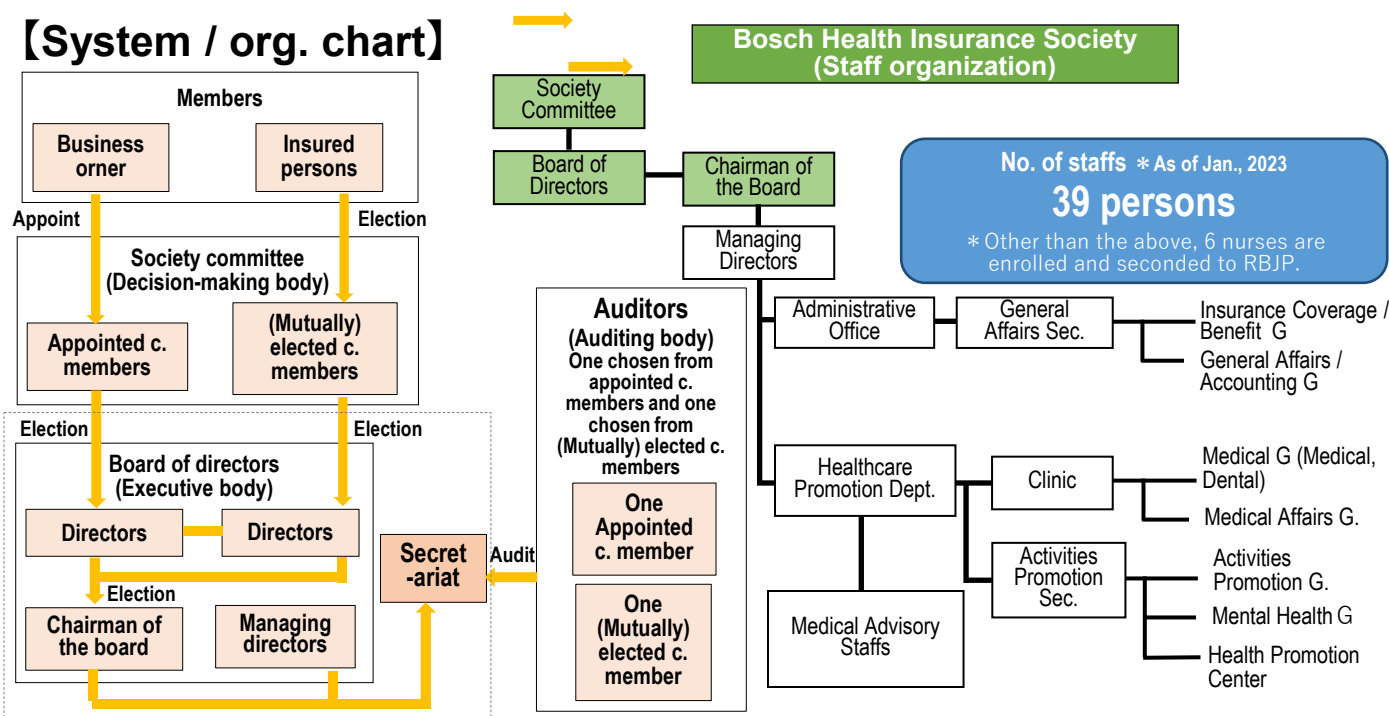
### • Managing Directors

With the consent of the Board of Directors, the chairman of the Board appoints Managing Directors from among the directors. Managing Directors assist the chairman and handle matters as needed for regular society business management.

### • Auditors

Two Auditors, one chosen from each of the appointed and elected Committee members, audit the society's business execution and financial conditions.

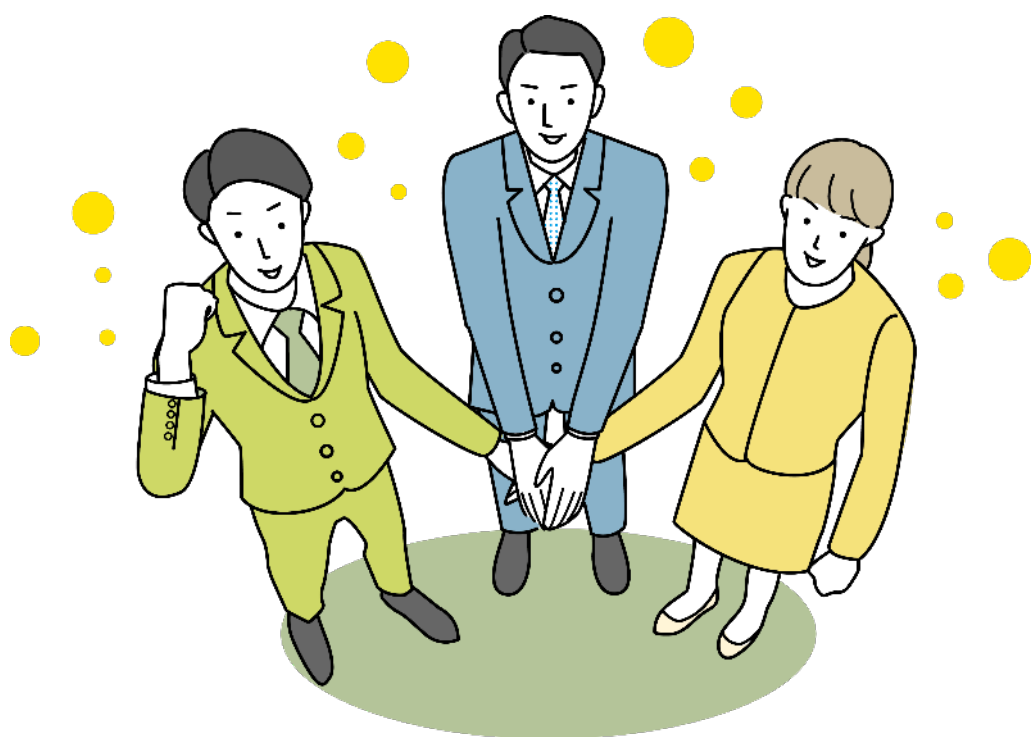
## 【System / org. chart】





# Bosch Health Insurance Society' Mission

Realizing Bosch Health Insurance Society members' happy and cultural life through the activities that support their health maintenance and enhancement, and aiming for its maintenance and improvement is our mission and raison d'être.







# Overview of Bosch Health Insurance Society

As of January 2025					
Date of establishment	January 1, 1956				
No. of insured persons	7,598	Persons	(Ave. age	47.78	Years old)
	Men : 6,486	Persons	(Ave. age	47.26	Years old)
	Women : 1,112	Persons	(Ave. age	43.97	Years old)
No. of dependents	7,247	Person	(Dependency ratio	0.953	)
Average standard monthly income	522,100	Yen			
No. of business establishments	18				
<u>Premium rate</u>	General premium				
	90.0／1000		Business owner	52.0／1000	
	(including adjusted premium rate)		Insured persons	38.0／1000	
	Long-term care insurance premium				
	18.0／1000		Business owner	9.0／1000	
			Insured persons	9.0／1000	

< Financial situation > \* FY2023 Unit : Mil. yen

<b>Income</b>	<b>Ordinary income</b>	Premium	5,317
		Others	213
		<b>Total</b>	<b>5,430</b>
	<b>Non-recurring income</b>		410
	<b>Total</b>		<b>5,940</b>
<b>Expenditure</b>	<b>Ordinary expenditure</b>	Health insurance benefits (Medical care cost, etc.)	2,534
		Payment for the elderly, etc.	2,235
		Expenses for health care	345
		Others	435
		<b>Total</b>	<b>5,549</b>
	<b>Non-recurring expenditure</b>		105
	<b>Total</b>		<b>5,654</b>
<b>Balance</b>	<b>Ordinary balance</b>		<b>▲19</b>
	<b>Non-recurring balance</b>		<b>305</b>
	<b>Total</b>		<b>286</b>

# Table of monthly premium

## (Table of standard monthly remuneration amount levels)

Monthly remuneration amount			Standard monthly remuneration amount	
Level	Equal to or more	less than	Monthly amount	Daily amount
1	～	63,000	58,000	1,930
2	63,000	～ 73,000	68,000	2,270
3	73,000	～ 83,000	78,000	2,600
4	83,000	～ 93,000	88,000	2,930
5	93,000	～ 101,000	98,000	3,270
6	101,000	～ 107,000	104,000	3,470
7	107,000	～ 114,000	110,000	3,670
8	114,000	～ 122,000	118,000	3,930
9	122,000	～ 130,000	126,000	4,200
10	130,000	～ 138,000	134,000	4,470
11	138,000	～ 146,000	142,000	4,730
12	146,000	～ 155,000	150,000	5,000
13	155,000	～ 165,000	160,000	5,330
14	165,000	～ 175,000	170,000	5,670
15	175,000	～ 185,000	180,000	6,000
16	185,000	～ 195,000	190,000	6,330
17	195,000	～ 210,000	200,000	6,670
18	210,000	～ 230,000	220,000	7,330
19	230,000	～ 250,000	240,000	8,000
20	250,000	～ 270,000	260,000	8,670
21	270,000	～ 290,000	280,000	9,330
22	290,000	～ 310,000	300,000	10,000
23	310,000	～ 330,000	320,000	10,670
24	330,000	～ 350,000	340,000	11,330
25	350,000	～ 370,000	360,000	12,000
26	370,000	～ 395,000	380,000	12,670
27	395,000	～ 425,000	410,000	13,670
28	425,000	～ 455,000	440,000	14,670
29	455,000	～ 485,000	470,000	15,670
30	485,000	～ 515,000	500,000	16,670

Monthly remuneration amount			Standard monthly remuneration amount	
Level	Equal to or more	less than	Monthly amount	Daily amount
31	515,000	～ 545,000	530,000	17,670
32	545,000	～ 575,000	560,000	18,670
33	575,000	～ 605,000	590,000	19,670
34	605,000	～ 635,000	620,000	20,670
35	635,000	～ 665,000	650,000	21,670
36	665,000	～ 695,000	680,000	22,670
37	695,000	～ 730,000	710,000	23,670
38	730,000	～ 770,000	750,000	25,000
39	770,000	～ 810,000	790,000	26,330
40	810,000	～ 855,000	830,000	27,670
41	855,000	～ 905,000	880,000	29,330
42	905,000	～ 955,000	930,000	31,000
43	955,000	～ 1,005,000	980,000	32,670
44	1,005,000	～ 1,055,000	1,030,000	34,330
45	1,055,000	～ 1,115,000	1,090,000	36,330
46	1,115,000	～ 1,175,000	1,150,000	38,330
47	1,175,000	～ 1,235,000	1,210,000	40,330
48	1,235,000	～ 1,295,000	1,270,000	42,330
49	1,295,000	～ 1,355,000	1,330,000	44,330
50	1,355,000	～	1,390,000	46,330

### <Calculation method of health insurance premiums>

Health insurance premium = Standard remuneration (monthly) amount × Insurance rate

For the person's burden (co-payment) and the company's burden, please refer to the union guide [business outline].

Salary slip



About us Health insurance outline

<https://www.bosch-kenpo.or.jp/en/member/info/intro.ht>





## List of existing member establishments

As of January, 2025

Name of establishment	Location
<b>Bosch Corporation</b>	Higashimatsuyama-shi, Saitama
<b>Bosch Engineering K.K.</b>	Yokohama-shi, Kanagawa
<b>Syntegon Technology K.K.</b>	Shibuya-ku, Tokyo
<b>Bosch Service Solutions</b>	Chiyoda-ku, Tokyo
<b>SEG Automotive Japan Corporation</b>	Yokohama-shi, Kanagawa
<b>Bosch Global Software Technologies</b>	Shibuya-ku, Tokyo
<b>ELPRO Corporation</b>	Chiyoda-ku, Tokyo
<b>Knorr-Bremse Commercial Vehicle Systems Japan Ltd.</b>	Sakado-shi, Saitama
<b>Knorr-Bremse Commercial Vehicle Systems Japan Ltd. (Nam)</b>	Nomegawa-machi, Hikigun, Saitama
<b>ETAS K.K.</b>	Yokohama-shi, Kanagawa
<b>Kanto-Seiatsu Kogyo Co., Ltd.</b>	Honjyo-shi, Saitama
<b>Gunmaa Seiki Co., Ltd.</b>	Takasaki-shi, Gunma
<b>Fuji Aitac Co., Ltd.</b>	Misato-machi, Kodama-gun, Saitama
<b>F.A. Niigata Co., Ltd.</b>	Izumozaki-machi, Santo-gun, Niigata
<b>Valeo Japan Co., Ltd.</b>	Kumagaya-shi, Saitama
<b>Valeo Kapec Japan Co. Ltd.</b>	Atsugi-shi, Kanagawa
<b>Bosch Federation of Trade Unions</b>	Higashimatsuyama-shi, Saitama
<b>Bosch Health Insurance Society</b>	Higashimatsuyama-shi, Saitama



# About personal information protection

Bosch Health Insurance Society acquired the P mark (PrivacyMark), a personal information protection management system certification system, in 2006. Since then, it has been renewed (examined) every two years, and we are always striving to take the utmost care for protection of personal information.



## What is the P mark ?

It is the only one third-party certification system in Japan for the personal information protection system, and Japan Information Processing and Development Center (JIPDEC) performs the grant management. It performs conformity assessment / certification of the personal information protection management in groups, organizations, etc. and when they conform the requirements, the use of "P mark (privacy mark)" is granted, and by displaying this, a certain level of trust on the personal information handling system of the group / organization is gained.

\* Among approximately 1,400 health insurance societies, only approx. 20 societies obtained this certification.

Protecting your **PRIVACY**



Certification body: Japan Information Processing and Development Center (JIPDEC)

Assessment body: (MEDIS-DC)

Certification number: No. 14650007

Certification period: From July 11, 2006 Ongoing

プライバシーマーク  
**登録証**

■ 登録番号 第 14650007(10) 号

■ 事業所の名称及び所在地

**ボッシュ健康保険組合**

埼玉県東松山市箭弓町2丁目5番5号

■ プライバシーマーク付与の有効期間

2024年7月11日 ~ 2026年7月10日

■ プライバシーマーク付与適格性について審査を行ったプライバシーマーク指定審査機関

一般財団法人医療情報システム開発センター

一般財団法人日本情報経済社会推進協会

For the details on personal information protection, please refer to the website.

URL : <http://www.bosch-kenpo.or.jp/member/info/policy.htm>



# Guideline of facilities

## ● Health counseling office < Kenpo Kaikan > (Office building • Clinic building)

Health Insurance Society was located in the main building of Higashimatsuyama Plant of Diesel Kiki Co., Ltd. when it was founded in 1956, however, it was moved to the present location in 1962. In 1997, the building was expanded to the existing three-story building.

Entering the entrance, on the left side is the office building and on the right side is the clinic building.



## ● Medical clinic

〔Full-time doctors〕	Director	Dr. Sakata	Doctors		Dr. Takahashi	Dr. Kawata
	Day of week	Mon.	Tue.	Thu.		Fri.
〔Outpatient attending doctors〕	Attending doctor	Takahashi	Sakata	AM No.1, 3, 5 Sakata No.2, 4 Takahashi	PM Shibasaki	Sakata
	Specialty	Internal medicine (Circulatory organ)	Internal medicine (Respiratory)	Internal medicine (Circulatory organ)	Internal medicine (Respiratory )	Internal medicine (Respiratory)

This may be subject to change depending on the doctor's schedule.

〔Office hours〕 From 9:00 to 12:45 From 14:00 to 17:30

〔Non-consultation days〕 Wed./Sat./Sun.

〔Available examination〕

- Blood, urine, feces test • Lung function test
- Electrocardiogram 24-hour electrocardiogram • Ultrasonic (echo) • X-ray
- Sleep apnea test

- Consultations are open to those who are not members of the Bosch Health Insurance Society, but we do not accept people under the age of 15.
- We offer smoking cessation outpatient clinics and smoking cessation consultations by specialist doctors and certified instructor nurses.

\* We also provide vaccinations against influenza, shingles, pneumococcus, and rubella.

Examination room



## ● Dental clinic

〔Dentist in attendance〕 Chief dentist Dr. Yamashita

〔Office hours〕 From 9:00 to 12:45 From 14:00 to 17:30

〔Nonconsultation days〕 Sat./Sun.

※Same as Bosch Corporation Hig. Plant. (There are other temporary non-consultation days.)

\* The dental clinic provides dental care **only to members of the Bosch Health Insurance Society**. However, we do not accept the consultation for those under the age of 15, even though they are the members of the Bosch Health Insurance Society.

(The dental care to other than members of Bosch Health Insurance Society is not provided.)

In the meanwhile, please note that there may be cases that the municipal subsidy is not provided.

Reservations are required, but please contact us in the event of an emergency.

Examination room



## ● Health Promotion Center

It is a physical exercise facility held by our society, where dedicated instructors are residing, and is used as a base for promoting your health and physical strength.



1-11 Yakyu-cho 2 chome Higashimatsuyama City, Saitama  
3min. walk from west exit of Higashimatsuyama sta. (Tobu Tojo line)



〔Reception/Entrance〕



〔 Fitness studio 〕



〔training gym〕

## Studio Program

・ You can choose a program that suits your purpose and participate **without making a reservation.**

	Tue.	Wed.	Thu.	Fri.	Sat.
Morning	Fresh exercises 10:00 to 11:00	Fresh exercises 10:00 to 11:00	Fresh exercises 10:00 to 11:00		Fresh exercises 10:00 to 11:00
Afternoon	Body maintenance 14:30 to 15:30	Stretching & Conditioning 14:30 to 15:30	Health & Fresh exercises 14:30 to 16:00		
Evening	Pilates 18:00 to 19:00	Easy core training 18:00 to 19:00	Body-making Yoga 18:00 to 19:00	Soft Aerobics 18:00 to 19:00	



※The above program is subject to change.

What to bring ... Towel, drink, exercise clothes, indoor shoes


((No shoes are required for stretching & conditioning and body-making yoga.))

Participation Fee...   600Yen   400Yen



## Use of the Training Gym

Only for the first time (advice training), **reservation system** is applied. Please take steps as follows to get started.

<b>Please take a reservation first.</b>	Please select the date and time that is convenient for you from 【User guide】 and make a reservation selecting either 【Application / Inquiry】.
<b>On the reservation date</b>	<p>After your finishing the body composition measurement and interview, we will explain you about how to use the machine, etc. For those who wish, we will create an exercise program that suits them better and provide guidance.</p> <p><b>【Things you need on the day】</b></p> <ul style="list-style-type: none"> <li>• Photo of your face (such as an employee ID card or driver's license)</li> <li>• Results of a health checkup</li> <li>• Outfits for exercise &amp; indoor shoes</li> <li>• Water &amp; towels, etc.</li> <li>• Usage fee (see below)</li> <li>• Others</li> </ul> 
<b>From the second training date</b>	From the second day, you can practice training at your convenient time. If you wish, a trainer will provide you with advice training again. (reservation required)

Usage details	Usage fee
Advice training	400 Yen /1 time
Free training	200 Yen /1 time
Free training Coupon ticket (11 tickets)	2,000 Yen

### 【 Others 】

Item used	Usage fee
Rental towel (Large / small)	
Rental shoes	50 Yen / each
Shower (※)	150 Yen /1 time

※The usage fee for fitness studio and training gym includes the shower fee.

## About table tennis

- Balls and rackets are available for free rental (you can also bring your own).
- These equipments are available **at other than** above-mentioned **【Studio Programs】 hours**.

Please contact us via [Application/Inquiry] at the bottom of the next page to let us know the date and time you would like to use the facility.

Item used	Usage fee
Table tennis/1 hour	200 Yen /1 person

## Guidance for use

**【Gym hours】** Tuesday - Friday: 9:30 - 20:00 (closed at 20:30)  
Saturday: 9:00 - 17:30 (closed at 18:00)

**【Closed days】** Every Sunday / Monday, Golden Week, Summer / Winter holidays

**【Application / Inquiry】** ☎0493-22-0890(Main No.)

✉ [h\\_center@bosch-kenpo.or.jp](mailto:h_center@bosch-kenpo.or.jp)

For details, please visit the Health Insurance Society HP. 🖨

[Health promotion center | About us | Bosch Health Insurance Society \(bosch-kenpo.or.jp\)](#)



## ● Counseling Room (Mental Health)

The counseling room on the first floor of the Health Promotion Center has three counselors from our Society on-site and provides counseling by reservation.

We offer face-to-face counseling at our Counseling Room, but online counseling may also be available depending on the situation.

Anyone who is an insured person or adult dependent who belongs to a business site that has a counseling contract with our Society can use this service.



Counseling room

Please feel free to contact us first.

### Guidance for use

[Reservation reception hours] Monday to Friday 9:00 to 17:00

[Counseling hours] Monday to Friday 9:00 to 17:00

※ Not available on Saturdays, Sundays, Golden Week, summer and winter holidays.

[Counseling style] Face-to-face counseling / Online counseling

※ Counseling is available in Japanese only.



### How to apply

<b>Please take a reservation first.</b>	Please tell us by phone or email <b>"I would like to have a consultation."</b> We will ask you about your preferred date and time and let you know the reservation date and time.
<b>On the reservation date</b>	<b>Face-to-face counseling:</b> Please come to the counseling room (Health Promotion Center 1F) at the time and date of your reservation.  <b>Online counseling:</b> Please wait until your appointment time on the reservation date upon preparing your communication environment.
<b>Application/ Inquiry</b>	☎ 0493-22-0890 (Representative) ✉ <a href="mailto:hig-yakyu@bosch-kenpo.or.jp">hig-yakyu@bosch-kenpo.or.jp</a>

If you would like to use the regular consultation days for workplace visits, please contact the health consultation room at each workplace.

For further details, please see the Kenpo HP.

[Mental health counseling](#) | [Health activities](#) | [Bosch Health Insurance Society](#)





# List of Bosch Health Insurance Society's Benefits



**The person himself / herself (Insured person)**

**Sickness, injury**



**The Social Security and Tax Number System**

<b>Statutory benefits</b> (Benefits determined by Health Insurance Act)		<b>Additional benefits</b> (Additional sum provided by Bosch Health Insurance Society)	
<b>Medical Care Benefits</b>	70% of medical care expenses is provided.	<b>Patient Cost-Sharing Reimbursements</b>	<p>The amount after subtracting 20,000 yen from copayment amount for one medical expense per month</p> <p>Less than 100 yen, prosthetic equipment charges, chiropractic, acupuncture and moxibustion massage, etc. are not paid.</p>
<b>Medical Care Expenses</b>	After you paid the entire medical care costs up front, if you make a request reimbursement, you will be paid a certain standard amount.		
<b>Non-insured Associated Medical Care Expenses</b>	Even if the treatment you received is non-insured associated medical care, as long as it is "treatment under evaluation" or "specific treatment" that meets certain conditions, it is covered by insurance.		
<b>High-Cost Medical Care Benefits</b>	When your copayment on medical care costs for a single case in one month exceeds Cost-Sharing Maximum Amount for your income category, the excess amount is paid. High-cost medical expenses for both inpatients and outpatients will be paid in kind upon presentation of a ceiling application certificate. (There are 5 levels of application according to income requirements)		
<b>Home-Visit Nursing Care Expense</b>	70% is paid when receiving home-visit nursing care	<b>Home-Visit Nursing Care Expense Additional sum</b>	Same as "Patient Cost-Sharing Reimbursements"
<b>Inpatient Meal Expenses</b>	Amount exceeding the copayment amount per meal is paid.		
<b>Transportation Expenses</b>	Paid according to standards when moving to a hospital, etc.		
<b>High Aggregate Cost for Long-term Care Expenses</b>	When you or your dependents have two or more high-cost medical expenses (Copayment 21,000 yen or more)	<b>High Aggregate Cost for Long-term Care Expenses Additional Sum</b>	Same as "Patient Cost-Sharing Reimbursements"

**The person himself / herself (Insured person)**

**Childbirth, death**



<b>Statutory benefits</b> (Benefits determined by Health Insurance Act)		<b>Additional benefits</b> (Additional sum provided by Bosch Health Insurance Society)	
<b>Childbirth and Childcare Lump-Sum Grant</b>	500,000 yen per child (in case of the maternity medical care compensation scheme subscription) ※ <b>Changed from Apr. 2023</b>	<b>Childbirth and Childcare Additional Sum</b>	Paid 25,000 yen per child
<b>Maternity Allowance</b>	Amount equal to 2/3 of the average standard daily remuneration is paid for one day off. Before childbirth 42 days and after childbirth 56 days (including the day of delivery)		
<b>Funeral Expenses</b>	50,000 yen		



## The person himself / herself (Insured person)

## Time off from work due to sickness, injury



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
Injury and Sickness Allowance	2/3 of the standard daily remuneration is paid for each day off. (Maximum 1 year and 6 months)	Injury and Sickness Allowance Additional Sum	20% of standard daily remuneration is paid.
		Extended Injury and Sickness Allowance Additional Sum	80% of standard daily remuneration is paid. (1 year from the start of payment)

## Insured person, dependents

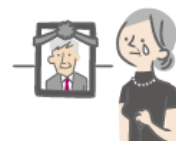
## Sickness, injury



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
High Aggregate Cost for Long-term Care Services	When insured person and your dependents have two or more cases of high-cost medical expenses (Copayment amount is 21,000 yen or more)	High Aggregate Cost for Long-term Care Services Additional Sum	Same as insured person "Patient Cost-Sharing Reimbursements"

## Family (Dependents)

## Sickness, injury, childbirth, death



Statutory benefits (Benefits determined by Health Insurance Act)		Additional benefits (Additional sum provided by Bosch Health Insurance Society)	
Dependents' Medical Care Expenses	Same as Insured person "Medical care benefits" (80 % before entering elementary school)	Dependents' Medical Care Additional Sum	Same as insured person "Patient Cost-Sharing Reimbursements"
Secondary Dependent Medical Costs	Same as Insured person "Medical care expenses" (80 % before entering elementary school)		
Non-insured Associated Medical Care Expenses	Same as Insured person "Non-insured Associated Medical Care Expenses" (80 % before entering elementary school)		
Dependents' High-Cost Medical Care Benefits	Same as Insured person "High-Cost Medical Care Benefits" (80 % before entering elementary school)		
Dependents' Home-Visit Nursing Care Expenses	Same as Insured person "Home-Visit Nursing Care Expenses"	Dependents' Home-Visit Nursing Care Expenses Additional Sum	Same as insured person "Patient Cost-Sharing Reimbursements"
Inpatient Meal Expenses	Same as Insured person "Inpatient Meal Expenses"		
Dependents' Transportation Expenses	Same as Insured person "Transportation Expenses"		
Dependents' Childbirth and Childcare Lump-Sum Grant	Same as Insured person "Childbirth and Childcare Lump-Sum Grant"		
Dependents' Funeral Expenses	Same as Insured person "Funeral Expenses"		

# List of support activities through subsidy payment & additional medical examination activities

For each item in the "List of support activities through subsidy payment", the subsidy can be paid up to once a year, and also for "List of additional medical examination activities", the examination can be performed up to once a year. Please make use of them for your own health management and also for the health management of your family.

## List of support activities through subsidy payment

Object medical exams for subsidies	Eligible person			Subsidy amount			Remarks
	Limited to	Age	Gender	Dock item	Exam fee	HIS subsidy amount	
Brain dock	Insured person	35 years old or over	Man / Woman	Brain dock only	Less than 35,000 yen	Exam fee × 40%	【Transfer destination】 Salary / business account
					35,000 yen or over & less than 45,780 yen	Exam fee - 24,150 yen	
					45,781 yen or over	Uniformly 21,630 yen	
				Combined dock (Brain dock + Medical exam)		Uniformly 15,000 yen	・ The case in which a brain dock is included in the PET scan also apply. (regarded as the combined dock).
Breast cancer screening	Insured person	Nil	Woman	Upper limit 12,000 yen			【Transfer destination】 Salary / business account
Cervical cancer screening	Insured person	Nil	Woman	Upper limit 6,000 yen			【Transfer destination】 Salary / business account
Stomach cancer screening	Insured person	35 years old or over	Man / Woman	Barium test	Upper limit 14,000 yen		【Transfer destination】 Salary / business account
				Gastric endoscopy	Upper limit 18,000 yen		
				※Either of them			
Influenza vaccination	Insured person	Nil	Man / Woman	Upper limit 2,000 yen			【Transfer destination】 Salary / business account <Vaccination period> Limited to October 1 to January 31
	Dependent						

## List of additional medical examination activities

### Insured person (himself / herself)

Exam name (medical and dental)	Age	Gender	Contents, etc.	Remarks
Specific health checkups and specific health guidance	40 years or over	Man / Woman	Health checkup focused on metabolic syndrome to prevent lifestyle-related diseases Health guidance is given to those who are eligible for specific health guidance.	Even for those aged under 34 and those aged between 36 and 39, the blood test is performed as long as requested.
Prostate examination (PSA test)	50 years or over	Man	A test to check for prostate cancer	Performed by blood test at regular health checkup
Stomach cancer risk screening	30 years	Man / Woman	ABC screening (stomach cancer risk test)	Performed by blood test at regular health checkup
Stomach cancer screening	35 years or over	Man / Woman	A test to check with barium or gastroscope	Eligible persons will be notified from Health Insurance Society. (In some business establishments, it is implemented at the same time as regular health checkup.)
Gynecological examination	Nil	Woman	An examinee can receive three items: cervical cancer cytology, mammary gland echo, and mammography	Eligible persons will be notified from Health Insurance Society. (In some business establishments, it is implemented at the same time as regular health checkup.)
Colon cancer screening	35 years or over	Man / Woman	A test to check blood in stool	Performed at the same time as regular health checkup.
Abdominal ultrasound (abdominal echo)	35 years or over	Man / Woman	A test to check the health of internal organs	Implemented at the same time as regular health checkup excluding some business establishments
Dental checkup	Nil	Man / Woman	Oral examination	At large business establishments in the Kanto area, the examination will be performed at the same time as regular checkups, and for the business establishments located far away, the cost of the examination will be subsidized for each business establishments.

## Dependents / Voluntarily and continuously insured person

Medical exam name	Age	Gender	Contents, etc.	Remarks
Family health checkup	35 years or over	Man / Woman	These are health checkups focused on metabolic syndrome to prevent lifestyle-related diseases. Health guidance will be provided to those eligible for specific health guidance. Other cancer screenings such as stomach cancer screening, breast cancer screening, and cervical cancer screening can be received at the same time.	Eligible persons will be notified from Health Insurance Society.
Young people's cervical cancer screening	20 to 29 years old	Woman	Cervical cancer screening is done by cytology test.	Please visit our HP for details.

# About physical exercise encouragement activities

We subsidize a portion of the cost for physical exercise encouragement activities conducted by each employer (business establishment) to encourage health promotion, disease prevention, health maintenance and improvement,

**※ For receiving the subsidy, the application by each business establishment is required and it cannot be made by an individual.**



## Kinds of incentives / assistance founding

The Bosch Health Insurance Society has incentives / assistance funding systems (2 kinds).

① All establishments are applicable.

Walkathon assistance funding	500 yen/person	【Applicable establishment】 All establishments
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② Establishments outside of Kanto area

Physical exercise incentives for remote areas:	Up to 5,000 yen/person	【Applicable establishment】 Establishments outside the Kanto area (Tokyo, Kanagawa, Chiba, Saitama, Ibaraki, Tochigi, Gunma) (※ However, UTSS-RBJP is applicable):
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The benefits can be receivable once a year (April 1 through the end of March of the following year). Establishments outside the Kanto area are eligible for the benefits of either systems. The application cannot be made at the same time for both Walkathon assistance funding and Physical exercise incentives for a remote areas.

## About details of the events

- Walking (Walkathon, etc.)
- Bowling
- Mountain climbing and hiking
- Horseback riding (experience), etc.

### 【Example】

Tochigi plant, Yorii plant, Musashi plant, Higashimatsuyama plant, Yokohama Office:  
Walking events

Hamamatsu Office: Walking

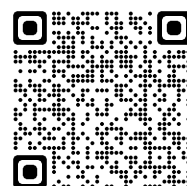
Hiroshima Office: Setting goals for health checkups

Valeo Kyushu Plant: Walking to pick up trash



Please plan enjoyable events for everyone of the establishment to join as one team ♪

Please check the Bosch Health Insurance Society HP for details such as the requirements for each incentive, how to apply, and how to receive the incentives / assistance founding, etc.


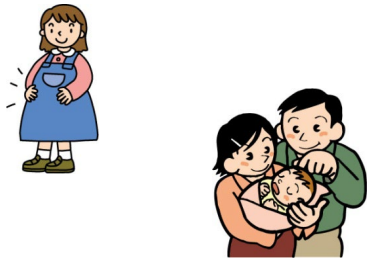




# List of main notification documents

## Notification documents

## Case example

Matters related to health insurance cards and insurance premiums (Application-related matters)	<b>Health insurance: Notification of Dependent (s) (Transfer)</b> <ul style="list-style-type: none"> <li>Health Insurance: Report on Circumstances of Health Insurance Dependent✕</li> <li>Notice of Payment✕</li> </ul> ✕You may be asked to attach it.	<ul style="list-style-type: none"> <li>When adding a family member (when you want to add a family member as a dependent)</li> <li>When a family member decreases (when you want to remove a family member from the list of dependents)</li> </ul>
	<b>Health insurance: Application for Reissuance of Health Insurance Card</b>	<ul style="list-style-type: none"> <li>If you lose your health insurance card and want it to be reissued</li> <li>If your health insurance card is damaged</li> </ul>
	<b>Health insurance: Notification of a Change (Correction) of Name of the Insured</b>	<ul style="list-style-type: none"> <li>Change in name due to marriage etc.</li> <li>When there is an error in the name on your health insurance card</li> </ul>
	<b>Health insurance: Notification (Change) of Health Insurance Insured Address</b>	<ul style="list-style-type: none"> <li>Change in address</li> </ul>
	<b>Health Insurance: Notification of Correction of Date of Birth of the Insured</b>	<ul style="list-style-type: none"> <li>When there is an error in the date of birth on the insurance card</li> </ul>
	<b>Health Insurance: Notifications regarding Voluntary and Continuously Insured Persons</b>	<ul style="list-style-type: none"> <li>When you want to continue to join our society after retiring from the company</li> </ul>
	<b>Request for Issuance of Maximum Co-payment Certificate for Health Insurance</b>	<ul style="list-style-type: none"> <li>When your copayment are going to be high</li> </ul>
Illness, injury, etc. (Application of the benefit)	<b>Application for Injury and Sickness Allowance plus Additional Sum</b>	<ul style="list-style-type: none"> <li>When you are absent from work due to sickness or injury and cannot receive your salary, etc.</li> </ul> 
	<b>Application for Payment of Claim for Extended Injury and Sickness Allowance plus Additional Sum</b>	
	<b>Application Form for Medical Care Expenses</b>	<ul style="list-style-type: none"> <li>When you get sick or injured and visit a doctor without bringing your health insurance card with you</li> <li>When you wear therapeutic equipment such as an artificial hand, artificial leg, artificial eye, corset, etc., based on the instructions by a doctor for medical treatment</li> </ul>
	<b>Application Form for Overseas Medical Care Expenses</b>	
	<b>Application for Medical Cost (for Acupuncture &amp; Moxibustion)</b>	<ul style="list-style-type: none"> <li>Before or when the child is born</li> </ul> 
	<b>Application for Payment of Childbirth and Childcare Lump-Sum Grant</b>	
	<b>Application for Payment of Maternity Allowance</b>	
	<b>Application for Childbirth and Childcare Lump-Sum Grant for Dependents</b>	
	<b>Request for Partial Payment of and Payment of Difference in Childbirth and Childcare Lump-Sum Grant, etc.</b>	
	<b>Application for Payment of Childbirth and Childcare Lump-Sum Grant (for Receipt on Your Behalf)</b>	
	<b>Health Insurance: Application for Payment of Funeral Expenses</b>	<ul style="list-style-type: none"> <li>If the insured person or a family member has died</li> </ul>
	<b>Notification of Injury or Sickness due to a Third-party Act</b>	<ul style="list-style-type: none"> <li>If you become sick or are injured due to the actions of another party</li> </ul>
	<b>Application Form for Transportation Expenses</b>	<ul style="list-style-type: none"> <li>When a patient having difficulty of moving due to illness or injury is transported for temporary or urgent need by a doctor's instruction</li> </ul>
Preventive activities of illness (insurance activities)	<b>Brain Dock (Medical Examination of Brain) &amp; PET Expense Bill</b>	<ul style="list-style-type: none"> <li>When the insured person (himself / herself) receives brain dock (medical examination of brain) or a PET including a brain examination</li> </ul>
	<b>Gynecological Examination Subsidy Bill</b>	<ul style="list-style-type: none"> <li>When the insured person (herself) receives a cervical or breast cancer screening</li> </ul>
	<b>Stomach Cancer Screening Subsidy Bill</b>	<ul style="list-style-type: none"> <li>When the insured person (himself / herself) receives a barium test or endoscopy</li> </ul>
	<b>Influenza Vaccination Subsidy Application</b>	<ul style="list-style-type: none"> <li>When the insured person (himself / herself) or dependent (family member) receives an influenza vaccination</li> </ul>
	<b>Health Service Expense Bill</b>	<ul style="list-style-type: none"> <li>Bills mainly for voluntarily and continuously insured persons</li> </ul>

【Note】

- Some documents may require separate attachments.
- Submission of documents are requested to be made through the business establishments.

# Regard the website and application form

On the website, in addition to various information on health insurance and health, various procedures such as for applying the insurance and subsidies are posted. You can easily find the necessary application documents, so please make good use of them.

**Our society has a website.**

[ボッシュ健康保険組合 \(bosch-kenpo.or.jp\)](http://bosch-kenpo.or.jp)



The website was renewed in December 2019, making it easier to see and compatible with mobile phones (smartphones). You can view it from this QR code.



Regarding the newsletter  
"Hello! Kenpo"

**We publish it on the 10th of every month** 🎵

[Hello! けんぽ一覧 | ボッシュ健康保険組合 \(bosch-kenpo.or.jp\)](http://Hello!けんぽ一覧 | ボッシュ健康保険組合 (bosch-kenpo.or.jp))



The newsletter **[Hello!Kenpo]** issued every month by the Bosch Health Insurance Society is written and made by health insurance staffs including professionals.

Since we post the contents that matches the season, such as health information, tips, and various event information, we hope that you read them as your favorite newsletter and utilize it to improve your health.



## Guidance on Health resort

Health insurance societies are founded for the purpose of enhancing the benefits and welfare of insured persons and their dependents, and can construct own health resorts and recreation facilities and set up contract health resorts.

Currently, we have a contract health resort. If you use this health resort as a place of recreation where you can refresh your body and mind, it would be much appreciated.

In addition, there are recreation facilities owned by each health insurance society and made available for the other health insurance societies' members to use commonly, which is called "Joint-use health resorts". So, please use them as well.



● Health resort	
Owner	Resorttrust, Inc.
No. of accommodation contract	We can offer 730 nights / year. (365 nights x 2 lots)
Object person	The applicant (a representative of guests) is requested to be a member of the Bosch Health Insurance Society. ※ Family members and friends can also use the accommodation if they use it together with the member.
Fee	Fees vary by each facility. There are "Room Charge" rates and "Individual Rates" depending on the plan. Please choose according to your accommodation style.
Other	This is a members-only resort facility. For more information, please visit our dedicated website below. <a href="https://www.bosch-kenpo.or.jp/en/member/health/resort.html">https://www.bosch-kenpo.or.jp/en/member/health/resort.html</a>

☆ Joint-use health resort	
Owner	Each health insurance society
Applicable person	Only insured person enrolled in health insurance society and dependents. The members of "Association Kenpo" or "National Health Insurance", etc. cannot use the service.
Fee	Fees vary by facility.
Other	For details, please see the website below. <a href="http://hoken.kenporen.or.jp/koukai/open/opentop.asp">http://hoken.kenporen.or.jp/koukai/open/opentop.asp</a>

## 【How to use】

### ● Health resort [Resorttrust, Inc.]

① Reservation flow	
Online application (You can apply from 3 months before the desired date of stay)	
Apply from the address below	
I	<a href="https://houjin.rtg.jp/">https://houjin.rtg.jp/</a> Login ID : _____ PW : _____
II	Reservation confirmation notification will be sent by E-mail or TEL (The reservation applicant can decide the reservation confirmation notification method)



For inquiries about reservations and hotel, please contact the Resorttrust Reservation Center.

#### Resorttrust Reservation Center

TEL 03-5323-8221 e-mail : [rt.houjin\\_yoyaku1@rt-group.jp](mailto:rt.houjin_yoyaku1@rt-group.jp)

Holiday : Sundays, public holidays, 2nd and 4th Saturdays, the year-end and New Year holidays, Golden Week, and Obon.

## ②Notes after confirmation of reservation

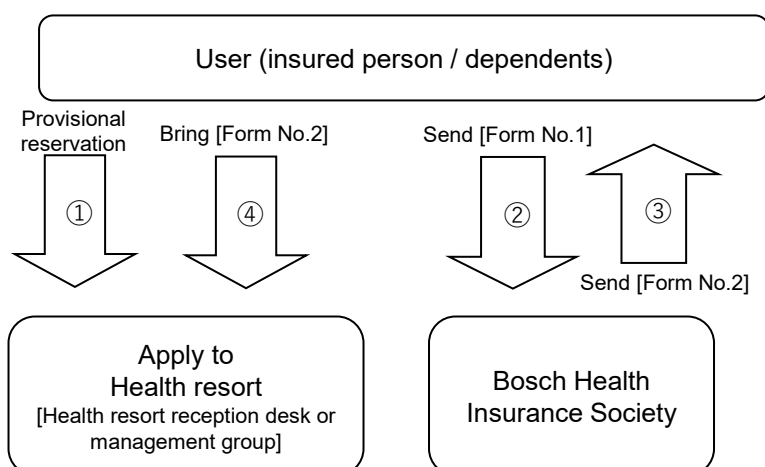
- Please contact us each time if you change the number of people and meal contents or cancel.
- Please bring the application form with your answers to the hotel and submit it to the front desk.
- Please pay the charge of accommodation and meals when you check out.
- Check-in/15:00 ・ Check-out/11:00

## ③Cancellation fee

- It depends on the hotel.
- Concerning cancelation or change of your reservation, please contact the reservation office up to the day before, and contact the hotel front desk on the day.

## ☆ Joint-use health resort

No	Content
①	Contact the reservation office of the health resort by phone for asking the availability of the desired day and make a provisional reservation.
②	Fill out the [Joint-use health resort use application form (Form 1)], enclose it with stamps in a self-addressed envelope together, and send the envelope to Bosch Health Insurance Society. ※ [Joint use recreation facilities usage application form (Form 1)] can be downloaded from the website of Bosch Health Insurance Society.
③	The Bosch Health Insurance Society's health resort desk will send [Joint-use health resort use application form (Form 2)] to the applicant.
④	When visiting the health resort, please submit the [Joint-use health resort use application form (Form 2)] which was sent to you, to the front desk of the health resort.
Remarks	<ul style="list-style-type: none"> <li>• The procedure may take some time. Please make a reservation well in advance.</li> <li>• The steps above are general procedures. So, these procedures may not be followed as stated above. In such a case, please check with the health resort which you use and the health insurance society you are enrolled in.</li> <li>• If you have any questions about applying for the Joint-use health resort, please call the number below.</li> </ul> <p style="text-align: center;"> <b>[National Federation of Health Insurance Societies Health Department Health Activities Group]</b>  <b>TEL : 0 3 ( 3 4 0 3 ) 0 9 4 7</b> </p>





## Useful Links

Item	Banner (Link Destination)	QR Code
Contracted resort facilities Resorttrust, Inc. <b>XIV</b>	 Reservation site for corporate members only	
<b>Medical institution providing foreign language support</b> • Ministry of Health, Labour and Welfare • Japan National Tourism Organization	 <b>Medical institution providing foreign language support</b>	
Information site about dental treatment <b>Good to know</b> <b>ABCs of Dental Treatment</b>	 <b>Good to know</b> <b>ABCs of Dental Treatment</b>	
Corporate contract sports gym <b>RENAISSANCE</b>		
Health consultation app <b>clintal</b>		
Health support for pregnant women <b>mamawell</b>	 <b>mamawell</b> <small>産むひとの安心をうむ</small>	
<b>Ministry of Health, Labour and Welfare</b>	 <b>厚生労働省</b> <small>For people, life and the future</small> <small>Ministry of Health, Labour and Welfare</small>	
Upper organization of health insurance societies <b>National Federation of Health Insurance Societies</b>	 <b>National Federation of Health Insurance Societies</b> <b>KENPOREN</b>	