

To all health insurance members and their families*

*Please check with your Health Insurance Society for eligibility.



For your baby's health

Personal Midwife



Digital Health Technology

Medical Support for Maternal and Child Health



User's Share of Costs

Free to use



Can be used together with your partner

What is a Personal Midwife?

A dedicated midwife who provides consultations and support. From the start to the end of the service, the same midwife will continuously take care of you.

Your dedicated midwife will provide continuous and reliable support from pregnancy through childbirth and postpartum.

Visualize and prevent risks through health monitoring



Record your daily health data with a wearable device, monitored by your personal midwife. We aim to reduce the risk of pregnancy complications.

*Wearable devices are available for free rental.

Lifestyle & Health Planning via Online Consultations



Regular online consultations with a personal midwife. Based on your daily health data, we provide personalized guidance on exercise and workload management.

*The consultation frequency can be adjusted to suit your schedule.

Chat Support for Anytime Advice & Peace of Mind



Consult your personal midwife via chat for any worries. We provide evidence-based, personalized answers—not automated messages.

*Depending on the nature of your inquiry, a doctor may provide the response.

See back for details.

My most satisfying pregnancy ever, even while balancing work.



Ms. A (35),
Office Worker

With my first pregnancy, I pushed myself too hard at work and experienced threatened preterm labor. Because of that, I cut back significantly during my second, but I was left with regrets, feeling like I could have done more. For my third pregnancy this time, my midwife provided advice based on my health data, which allowed me to manage my workload perfectly and stay in control.



Ms. B(27),
Sales Executive Mr. C(30),
Sales Executive

Sharing the experience with my husband helped us communicate much more effectively.

With my husband joining the sessions, we could speak with the midwife as a couple and reach a mutual understanding on how to share household duties. We used to feel worn out from poor role-sharing, but MamaWell helped us reduce the burden on both sides. It was a great relief to finally resolve the anxieties and dissatisfactions we had been feeling.

From Signup to Service

Once your identity is verified, you can apply for a free wearable device rental.

1 Download the MamaWell app



Please scan the QR code below and download the app.

2 Register an account and set up your profile.



Complete app registration and identity verification. When choosing a plan, please select "**For Eligible Health Insurance Society Members.**"

3 Apply for a wearable device rental



Please apply for a free wearable device rental through the app.

4 Connect the device to the app



Once the device arrives, pair it with the app. Put it on to start tracking your health data.

5 Book Your Midwife Consultation



Book your midwife consultation at your preferred date and time.

6 Add your personal midwife as a LINE friend



The midwife's LINE ID will be sent to your email. After adding them, please provide **your full name and date of birth** via chat.

※Important Notes Regarding Wearable Device Rental ●The wearable device must be returned upon the completion of the service. Please retain the pre-paid return envelope provided in the original package and use it for the return shipment. ●Please notify us promptly if the wearable device is lost or damaged. Based on the Terms of Service, you may be billed for repair or replacement costs.

Registration [Click here to download the app](#)

For iPhone Users ▶



For Android Users ▶



Contact Us

For inquiries and applications, add MamaWell on LINE via the QR code on the right and get in touch with us.

