

How to use Nicotinell Patches correctly

What is Nicotine Replacement Therapy of Nicotinell?



This method helps you quit smoking by allowing only nicotine to be absorbed into the body instead of tobacco, thereby reducing the unpleasant symptoms of nicotine withdrawal (irritability, restlessness, difficulty concentrating, etc.) that occur when you start to quit smoking, and gradually reducing the amount of nicotine ingested.

Nicotinell ニコチネル パッチ 14日

禁煙補助薬 (NRT) (第1類医薬品)

STEP 1 PATCH

ニコチネル パッチ20

Nicotinell ニコチネル パッチ 14日

禁煙補助薬 (NRT) (第1類医薬品)

STEP 2 PATCH

ニコチネル パッチ10

第1類医薬品

この医薬品は、薬剤師から説明を受け、「使用上の注意」をよく読んでお使い下さい。

Helps your smoking cessation until its achievement.

今度こそ、やめたいあなたに

禁煙時のイライラ・集中困難・落ち着かないなどの症状の緩和に貼るタイプの禁煙サポート

今すぐご購入

If you want to quit smoking easily, visit a smoking cessation clinic!
Search for a smoking cessation clinic near you with "Good Smoking Cessation".

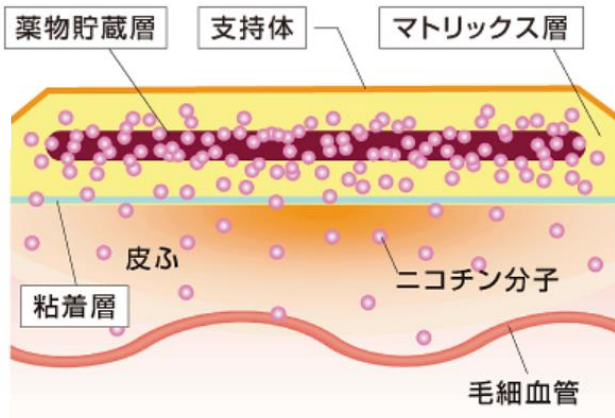
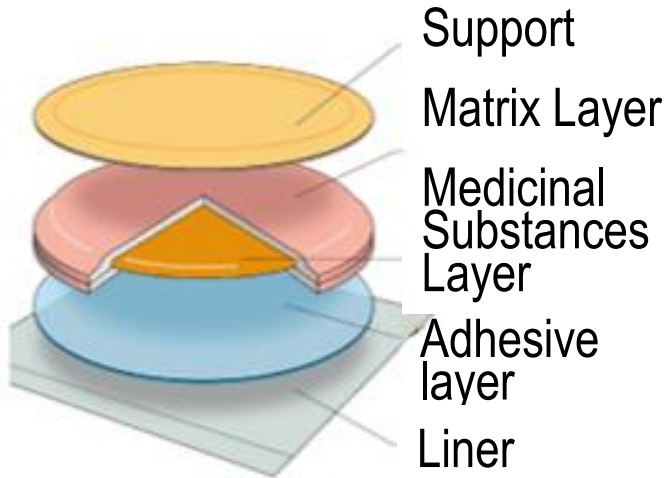


ボッシュ健康保険組合

Structure of Nicotinell Patches

Nicotinell Patches are medical patches that contain nicotine.

It is designed so that a constant amount of nicotine is gradually released from the matrix layer so that a stable blood concentration is maintained based on the amount of nicotine ingested when smoking.



Nicotine molecules slowly enter the body through the skin.

The released nicotine molecules are absorbed by the capillaries in the skin where the patch is applied.

How to use Nicotinell Patches

1

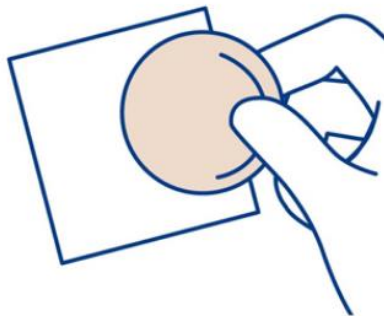
Cut the bag with scissors and take out the medicine.



Take out the patch by cutting the bag with scissors carefully not to damage it.

2

Peel the medication off the sheet.



Slowly peel off the aluminum sheet.

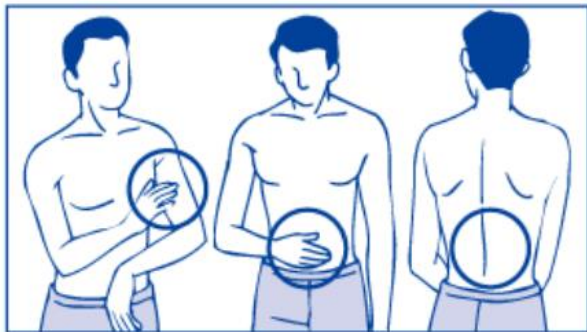
3

Attach to body and hold.



Spread the patch on your skin carefully to avoid wrinkles. Press down on it for about 10 seconds to prevent the air gaps.

Precautions when applying



Apply the patch to either the upper arm, abdomen, or lower back.

- ① To avoid skin irritation, change the location of the patch each day.
- ② Avoid applying the patch to areas with wounds or skin diseases.
- ③ If the application area is wet, wipe thoroughly before application.
- ④ Do not cut the patch as safety and effectiveness cannot be guaranteed.
- ⑤ Remove the patch before going to bed as it may cause sleep disorders.
- ⑥ If you are currently being treated for an illness, consult your doctor.

❌ Do not use together with nicotine gum!!

Nicotine patch smoking cessation program

It will lead you to quitting smoking comfortably **in 2 months (8 weeks) !**



STEP 1 6 weeks use



Nicotinell Patches20

Apply one Nicotinell Patches20 once a day from the time you wake up until the time you go to bed.

Let's start smoking cessation

The key to successfully quitting smoking is to increase your motivation to quit! Dispose of your cigarettes, lighters, ashtrays, etc. It's also a good idea to clarify the reasons why you want to quit smoking, such as for your health or for your family.



STEP 2 2 weeks use



Nicotinell Patches10

Apply one Nicotinell Patches10 once a day from the time you wake up until the time you go to bed.

Don't let your guard down

If you've reached this far, most of the withdrawal symptoms should have subsided 🎵
But the point is from now.

Beware of the temptation to have "just one cigarette" !

❌ Do not smoke while applying a nicotinell patch !